American Gypsy

拍數: 64

級數: Intermediate/Advanced

編舞者: Jay Steelman (USA)

音樂: Gypsy - Ronan Hardiman

SYNCOPATED RIGHT VINE, SAILOR SHUFFLE, CROSS-ROCK-ROCK (ANKLE BREAKER)

- Step right to right side, cross-step left behind right 1-2
- 3&4 Step right to right side, cross-step left over right, step right to right side
- 5&6 Cross/step left behind right, step right to right side, step left together
- 7&8 Cross/step right over left (against outside of left) rocking weight onto right, rock weight onto left, rock weight onto right

SYNCOPATED LEFT VINE, SAILOR SHUFFLE, CROSS-ROCK-ROCK (ANKLE BREAKER)

- 9-10 Step left to left side, cross-step right behind left
- 11&12 Step left to left side, cross-step right over left, step left to left side
- 13&14 Step right behind left, step left to left side, step right together
- Cross right over left (against outside of right) rocking weight onto left, rock weight onto right, 15&16 rock weight onto left

STEP, ½ TURN, ½ TURN, SIDE STEP, SIDE ROCK, ANKLE BREAKER

- Step right to right side, turn 1/2 left, step left foot to side 17-18
- 19 Turn 1/2 left, step right foot to side
- 20-21 Step left behind right, step right to right side
- 22 Step left to left side
- 23&24 Cross/step right over left, rock weight onto left in place, rock weight onto right in place

STEP, ½ TURN, ½ TURN, SIDE STEP, SIDE ROCK, ANKLE BREAKER

- Step left to left side, turn 1/2 right, step side on right foot 25-26
- 27 Turn ¹/₂ right, step side on left foot
- 28-29 Step right behind left, step left to left side
- 30 Step right to right side
- Cross-step left over right (against outside of right) rocking weight onto left, rock weight onto 31&32 right, rock weight onto left

TURNING SHUFFLE, SHUFFLE IN PLACE, KICK-BEND-KICK, COASTER

- 33&34 1/2 left turning shuffle stepping right, left, right
- 35&36 Shuffle in place stepping left, right, left
- 37&38 Kick right leg straight forward, bend right back across left, kick right leg straight forward
- 39&40 Step right back, step left beside right, step right forward

SHUFFLES IN PLACE, KICK-BEND-KICK, COASTER

- 41&42 Shuffle in place stepping left, right, left
- 43&44 Shuffle in place stepping right, left, right
- 45&46 Kick left leg straight forward, bend left back across right, kick left leg straight forward
- 47&48 Step left back, step right beside left, step left forward

RIGHT SIDE SHUFFLE, ½ TURN LEFT, SIDE SHUFFLE, ½ TURN RIGHT SIDE SHUFFLE, STEP, STEP

- 49&50 Step right to right side, step left together, step right to right side
- & Turn ¹/₂ left on ball of right foot
- Step left to left side, step right together, step left to left side 51&52
- Turn ¹/₂ left on ball of left foot &
- 53&54 Step right to right side, step left together, step right to right side





牆數:2

55-56 Step left behind right, step right to right side

LEFT SIDE SHUFFLE, ½ TURN RIGHT, SIDE SHUFFLE, ½ TURN RIGHT SIDE SHUFFLE, STEP, STEP

- 57&58 Step left to left side, step right together, step left to left side
- & Turn ½ right on ball of left foot
- 59&60 Step right to right side, step left together, step right to right side
- & Turn ¹/₂ right on ball of right foot
- 61&62 Step left to left side, step right together, step left to left side
- 63-64 Step right behind left, step left to left side

REPEAT

STYLING SUGGESTIONS:

Do the first 32 counts with arms down straight at sides. When doing ankle breakers, keep feet close together Put hands on hips for counts 33-64. When doing the shuffle turn beginning on count 49, do these with a snap turn so you get a side shuffle, quick turn, side shuffle effect

The dance was choreographer for "Gypsy." You will complete the 64 counts twice and end on count 16 of the third repetition Your feet will be crossed after completing the ankle breaker. Either bring both arms down and bow forward or put your hands up on the last count