America



拍數: 64

牆數:2

級數: Improver

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音樂: America - Neil Diamond

STEP, CROSS, SNAP

- &1-2 Step left, cross and step right over left, snap right fingers together
- &3-4 Repeat
- &5-6 Repeat
- &7-8 Repeat

WALK, WALK, WALK, HITCH

- 1-3 Walk forward right, left, right
- 4 Half turn left on ball of right foot and hitch left foot to right knee
- 5-7 Walk forward left, right, left.
- 8 Half turn right on ball of left foot and hitch right foot to left knee.

STEP PIVOT, STEP, ¼ JUMP

- 1-2 Step forward right, pivot half turn left
- 3 Step forward right
- 4 Jump ¼ left bringing both feet together
- 5-6 Step forward right, pivot half turn left
- 7 Step forward right
- 8 Jump ¼ left bringing both feet together

STEP TOUCH WITH ARM STYLING

- 1-2 Step right (arms cross arms at chest left over right), touch left behind right (take arms down and out to side)
- 3-4 Step left (arms cross arms at chest left over right), touch right behind left (take arms straight up above head, just shoulder width)
- 5-8 Repeat 1-4, including arms

LUNGE WITH ARM ACROSS CHEST

- 1-2 Lunge diagonally right on right foot while bringing fisted right arm across chest, hold
- 3-4 Step together with the right foot next to left while bringing arm to side, hold
- 5-6 Lunge diagonally left on left foot while bringing fisted left arm across chest, hold
- 7-8 Step together with left foot next to right while bringing arm to side, hold

MONTEREY TURNS WITH ARM EXTENSION FORWARD

- 1-2 Touch right foot to right side with extended fisted arms straight forward at shoulder level, bring right foot to meet left and bring arm down
- 3-4 Touch left foot to left side, pivot half turn on ball of right foot switching weight to left after turn
- 5-8 Repeat 1-2 twice

STEP, STEP TOGETHER, TOE, ½ TURN

- 1-2 Step right to right side, step together with left next to right with left taking weight
- 3-4 Point right toe straight back, half turn to the right with right taking weight
- 5-6 Step left to left side, step together with right next left with right taking weight
- 7-8 Point left toe straight back, half turn to the left with left taking weight

SYNCOPATED WEAVE WITH A SWEEP, STEP, TOGETHER, STEP, HOLD

1&2 Step right behind left, step out left on left, cross right over left



- 3-4 Sweep left foot around to front, cross left over right with left taking weight
- 5-6 Step out right side on right foot, step left foot together
- 7-8 Step out right side on right foot, hold

REPEAT

When Neil Diamond sings "My Country Tis Of Thee"

- 1-2 Rock forward on right foot, recover on left
- 3-4 Rock back on right foot, recover on left
- 5-6 Step forward on right, ¼ turn left with left taking weight
- 7-8 Step right-left as you bring hand across heart. (like Pledge Of Allegiance)

Do this 4 times before starting pattern again