

# Amazing Grace 1

拍數: 48      牆數: 1      級數: Improver waltz  
編舞者: Miss Vickie (USA)  
音樂: Amazing Grace - Carlton Showband



## BASIC FORWARD

- 1            Stride forward on left foot
- 2            Step right foot next to left
- 3            Step left foot next to right
- 4            Stride forward on right foot
- 5            Step left foot next to right
- 6            Step right foot next to left

## TURN, SIDE, CROSS, TURN, SIDE CROSS

- 7            Step to the left on left foot making a ½ turn to the left with the step
- 8            Step to the right on right foot
- 9            Cross left foot behind right and step
- 10          Step to the right on right foot making a ½ turn to the right with the step
- 11          Step to the left on left foot
- 12          Cross right foot behind left and step

## HIP SWAYS

- 13          Step to the left on left foot and sway hips to the left
- 14          Sway hips to the right
- 15          Sway hips to the left

## WALTZ BASIC BACK

- 16          Stride back on right foot
- 17          Step left foot next to right
- 18          Step right foot next to left
- 19          Stride back on left foot
- 20          Step right foot next to left
- 21          Step left foot next to right

## TURN, SIDE, CROSS, TURN, SIDE, CROSS

- 22          Step to the right on right foot making a ½ turn to the right with the step
- 23          Step to the left on left foot
- 24          Cross right foot behind left and step
- 25          Step to the left on left foot making a ½ turn to the left with the step
- 26          Step to the right on right foot
- 27          Cross left foot behind right and step

## HIP SWAYS

- 28          Step to the right on right foot and sway hips to the right
- 29          Sway hips to the left
- 30          Sway hips to the right

## TURN, WALTZ BACK

- 31          Stride forward on left foot making a ½ to the left with the step
- 32          Step right foot next to left
- 33          Step left foot next to right

- 34 Stride back on right foot
- 35 Step left foot next to right
- 36 Step right foot next to left
- 37-42 Repeat beats 31 through 36

**TWINKLES**

- 43 Turn body diagonally to the right, cross left foot over right and stride onto left foot
- 44 Turn body forward and step right foot next to left
- 45 Step left foot next to right
- 46 Turn body diagonally to the left and cross right foot over left and stride onto right foot
- 47 Turn body forward and step left foot next to right
- 48 Step right foot next to left

**REPEAT**

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