

Amazing

COPPER **NOB**
BY STEPHEN METZ

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Noel Castle (AUS)
音樂: Amazing - George Michael



SIDE, LIFT, ROCK BACK, RECOVER - SIDE, LIFT, ROCK BACK ¼ LEFT, RECOVER

1-4 Step left side, lift/small kick right on right diagonal, rock right behind left, recover left
5-8 Step right side, lift/small kick left on left diagonal, rock left behind right with ¼ turn left, recover right (9:00)

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ¼ RIGHT SIDE, SWEEP ¼ RIGHT, ROCK BACK, RECOVER

1-4 Rock left forward, recover right back, rock left back, recover right forward
5-8 Turn ¼ right & step left side, sweep right into ¼ turn right, rock right back, recover left (3:00)

DIAGONAL FORWARD, TOUCH WITH KNEE SWAYS IN-OUT-IN, DIAGONAL FORWARD, TOUCH, LIFT, BACK

1-2 Step right diagonal right forward, touch left toe to right & sway left knee in
3-4 Keep left toe touched to right & sway left knee out, sway left knee in (sway left hip in a circling motion on knee sways)
5-8 Step left diagonal left forward, touch right toe to left instep, lift/kick right, step right back (stay on diagonal)

¼ LEFT SIDE, CROSS, SIDE, BEHIND - FULL PADDLE TURN LEFT

1-4 Turn ¼ left & step left side, cross right over left, step left side, cross right behind left (12:00)
5-6 Turn ¼ left & step left ball forward (start paddle), step right side (continue turn)
7-8 Step left ball in place (continue turn), step right side (complete full turn left) (12:00)

CROSS BEHIND, SWEEP, CROSS BEHIND, SWEEP, ROCK BACK, RECOVER ¼ RIGHT, ¼ RIGHT SIDE, ¼ RIGHT TOGETHER

1-4 Cross left behind right, sweep right back, cross right behind left, sweep left back
5-6 Rock left back, recover right with ¼ turn right (3:00)
7-8 Turn ¼ right & step left side, turn ¼ right & step right to left (9:00)

CROSS, SWEEP, CROSS, SWEEP - ROCK FORWARD, RECOVER, ½ LEFT, ½ LEFT

1-4 Cross left over right, sweep right forward, cross right over left, sweep left forward
5-6 Rock left forward, recover right (look left to prepare for turns)
7-8 Turn ½ left & step left forward, turn ½ left & step right back (9:00)

¼ LEFT, HOLD, CROSS, RECOVER - ¼ RIGHT, ¼ RIGHT, ½ RIGHT

1-4 Turn ¼ left & step left side, hold, cross/rock right over left, recover left (6:00)
5-6 Step right into ¼ turn right, hold (9:00)
7-8 Turn ¼ right & step left side, turn ½ right & step right side (6:00)

ROCK FORWARD, RECOVER, BACK, HOLD, ROCK BACK, RECOVER, FORWARD, HOLD

1-4 Rock left forward, recover right back, step left back, hold
5-8 Rock right back, recover left forward, step right forward, hold (6:00)

REPEAT