

# Always There

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Irene Groundwater (CAN)  
音樂: Always There (Rumba / 26 BPM) - Ross Mitchell, His Band and Singers



## SIDE, ROCK BACK, REPLACE, SIDE STEP

1-2      Side step left, rock back on right ball  
3-4      Replace weight on left, side step right

## DRAG, CROSS WITH ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, FORWARD

5-6      Drag left towards right, left crosses over right turning body ¼ turn right  
7-8      Pivot ½ turn right onto right, left forward

## DRAG, FORWARD, PIVOT ½ TURN LEFT, FORWARD

9-10      Drag right towards left, right forward  
11-12      Pivot ½ turn left onto left, right forward

## PIVOT ¼ TURN LEFT, DRAG, TWO TOE TOUCHES

13-14      Pivot ¼ turn left on right ball, drag left beside right  
15-16      Touch left toe twice in front of right foot facing left

### Option

14-16      Execute a body ripple or forward body roll

## HOLD, FORWARD, ROCK BACK, ROCK FORWARD

17-18      Hold, left forward  
19-20      Rock back on right, rock forward on left

### Option

18      Raise left hip up  
19      Lower left hip  
20      Raise left hip

## DRAG, FORWARD, ROCK BACK, ROCK FORWARD

21-22      Drag right towards left, right forward  
23-24      Rock back on left, rock forward on right

### Option

22      Raise right hip up  
23      Lower right hip  
24      Raise right hip

## DRAG, FORWARD, FORWARD, PIVOT ½ TURN LEFT

25-26      Drag left towards right, left forward  
27-28      Right forward, pivot ½ turn left onto left foot

## DRAG, FORWARD, SIDE, TOGETHER

29-30      Drag right towards left, right forward  
31-32      Side step left, step right beside left

## REPEAT

Dedicated to Vicky McCulloch and her special girls from Victoria, B.C. whose moves inspired the options in this dance