

Always Sixteen

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Alan Birchall (UK)
音樂: Always Sixteen - Billy Ray Cyrus



SIDE, BEHIND, SWEEP, BEHIND, SIDE, IN FRONT, FULL TURN, LEFT FORWARD MAMBO

1&2 Step right to right, cross left behind right, sweep right around behind left
3&4 Place weight on right, step left to left, cross right over left
5-6 Making ½ turn right step back on left, making ½ turn right step forward on right
7&8 Rock forward on left, recover on right, step back on left

SAILOR STEP, FORWARD HEEL JACK, STEP, STEP, ½ PIVOT, TOUCHES WITH ¼ TURN

9&10 Cross right behind left, step left to left step right in place
11&12 Cross left behind right, step back on right, extend left heel forward
&13-14 Step left by right step forward on right, ½ pivot left (6:00)
15&16 Making ¼ turn left touch right to right, step right by left, touch left to left (weight on right facing 3:00)

HIP BUMPS OR 'TWIST', HEEL BALL CROSS, ¾ TRIPLE TURN, VAUDEVILLE STEP

17&18 Bump hips or twist heels left, right, left while transferring weight to left
19&20 Touch right heel forward, step right by left, cross left over right
21&22 Make ¾ triple turn left stepping right, left, right (facing 6:00)
23&24 Cross left over right, step back on right, touch left heel forward

STEP, RIGHT SHUFFLE, FULL TRIPLE TURN RIGHT, KICK, CROSS, FULL MONTEREY TURN

&25 Step left in place, step forward on right
&26 Step left by right, step forward on right
27&28 Make a full triple turn forward stepping left, right, left (6:00)
Alternative: left shuffle forward
29&30 Kick right diagonally over left, step right next to left, cross left over right
31& Point right to right, make a full turn right on ball of left foot transferring weight to right foot
32 Step left by right

REPEAT

ENDING

The dance finish's on the ninth wall, at steps 11&12 (heel jack). To finish facing the front wall simply make this a ½ sailor turn left.