

# Always On Your Side

COPPER KNOB  
BY STEPHEN

拍數: 40      牆數: 4      級數: Intermediate nightclub  
編舞者: Tina Argyle (UK)  
音樂: Always On Your Side (feat. Sting) - Sheryl Crow



Start dancing 8 counts from start of track on the word "yesterdays"

## LONG STEP TO RIGHT SIDE, ROCK BACK LEFT, RECOVER, LONG STEP TO LEFT SIDE, MODIFIED SAILOR ½ TURN RIGHT INTO 2 X WALKS FORWARD, STEP ½ PIVOT TURN, 2 X RUNS FORWARD

- 1-2&      Take a long step right to right side, rock back onto left, recover weight onto right  
3-4&      Take a long step long left to left side, cross right behind left, make ¼ turn right, make further ¼ turn right, step left to left side  
5-6      Step forward right, step forward left  
7&8&      Step forward right, ½ pivot turn onto left, run forward right, forward left

## ROCK FORWARD, RIGHT, RECOVER, SWITCH, ROCK FORWARD, RECOVER, ¼ TURN LEFT, CROSS, SIDE, RIGHT SAILOR STEP, CROSS BEHIND

- 1-2&      Rock forward right, recover, step right at side of left taking weight  
3-4&      Rock forward left, recover, ¼ turn left stepping left to left side  
5-6      Cross right over left, step left to left side  
7&8&      Cross right behind left, step left to left side, step right in place, cross left behind right

## LONG STEP TO RIGHT SIDE, ROCK BACK LEFT, RECOVER, LONG SIDE STEP LEFT, ROCK BACK RIGHT, RECOVER SIDE, BEHIND ¼ TURN RIGHT, STEP ½ PIVOT RIGHT, TRIPLE FULL TURN RIGHT TRAVELING FORWARD, OR LEFT LOCK STEP WITH SWEEP AT THE END

- 1-2&      Take a long step right to right side, rock back onto left, recover weight onto right  
3-4&      Take a long step left to left side, rock back onto right, recover weight onto left  
5-6      Step right to right side, cross left behind right  
&7&      Make ¼ turn right stepping forward right, step forward left, ½ pivot turn right onto right  
8&1      Make a triple full turn traveling forward stepping left, right, left  
Or do a left lock step, as you finish the turn (or lock step) when you step forward, left on count 1 - sweep the right leg round at the same time ready for count 2 in next section

## CROSS, BACK, BACK WITH SWEEP, CROSS, BACK, BACK, CROSS, BACK & CROSS, STEP SIDE

- 2&3      Cross right over left, step back left, step back right  
As you step back right on count 3 sweep the left leg round at the same time ready for count 4  
4&5      Cross left over right, step back right, step back left  
6-7&      Cross right over left, step directly back onto left, step right in at side of left  
8&      Cross left over right, step right to right side

## CROSS ROCK, RECOVER, SIDE STEP, CROSS ROCK, RECOVER, ¼ TURN, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER

- 1-2&      Cross rock left over right, recover weight onto right, step left to left side  
3-4&      Cross rock right over left, recover weight onto left, ¼ turn right stepping right to right side  
5-6-7      Cross rock left over right, recover weight onto right, step left to left side  
8&      Cross rock right over left, recover

## REPEAT

## TAG

At the end of walls 1, 2 & 4

- 1-4      Walk round in a full circle turning to the right stepping right, left, right, left

Dedicated to a special friend x

