Always Come Back



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Karen Katrea (SG)

音樂: Always Come Back To Your Love - Samantha Mumba



SCUFF RIGHT UP, STEP FORWARD, ¼ LEFT BEND KNEES DIPPING BODY, ¼ LEFT KICK OUT LEFT, LEFT COASTER STEP, WALK WALK

1-2 Scuff right heel forward, step right forward

3-4 Turn ¼ left bending both knees (dip body low), (recover position) turn another ¼ kicking left

foot out

5&6 Step left behind, step right beside left, step left forward

7-8 Walk right, left

HITCH-TOUCH TWICE ¾ LEFT TURN, RIGHT CROSS-ROCK RECOVER, CROSS-UNWIND ¾ RIGHT TURN, ROCK-RECOVER TWICE

&1&2 Hitch right, ¼ left turn touch right to the side, hitch right, ½ left turn touch right to the side

3&4 Cross-rock right over left, recover on left, step right to the side

5-6 Cross left over right, unwind ¾ right turn

7&8& Turn 1/8 right rocking right slightly forward, recover on left, turn 1/8 right rocking right slightly

forward, recover on left

1/4 TURN RIGHT CROSS RIGHT OVER LEFT, 1/4 TURN RIGHT LEFT STEP BACK, RIGHT COASTER STEP, STEP-TOUCH RIGHT 1/4 LEFT, STEP-TOUCH LEFT 1/2 RIGHT

1-2 Turn ¼ right crossing right over left, turn ¼ right stepping left back

Step right back, step left beside right, step right forward
Step left slightly forward, turn ¼ left touching right to the side
Turn ¼ right step down right, turn ¼ right touching left to the side

Do counts 5-8 with style

STEP FORWARD, 1/4 LEFT TURN SIDE-ROCK-CROSS, HEEL JACKS

1 Step left forward

2&3 1/4 left turn rocking right to the side, recover on left, cross right over left

4 Step left to the side

5&6& Cross right over left, step left slightly back, touch right heel diagonally forward, step down on

right

7&8& Cross left over right, step right slightly back, touch left heel diagonally forward, step down on

left

Optional actions for counts 5-8 (fists are clenched comfortably)

5 Hold both hands up at chest level, elbows up ¼ turn with body

6 Punch both hands out to the side 7 Bring both hands up like in count 5

& Punch both hands forward

8 Bring both hands in (like in count 5 & count 7), pointing thumbs to yourself

REPEAT

TAG

Do after wall 1, wall 2 and wall 3

RIGHT KICK-BALL-STEP, SHIFT WEIGHT LEFT-RIGHT-LEFT TURNING 1/4 RIGHT, STEP-TOUCH, STEP-TOUCH

1&2 Kick right out, step right beside left, step left forward

3&4 Turn ¼ right (weight on left), recover weight on right, shift weight back on left

Optional styling:

Pop left shoulder to the side, pop right shoulder to the side, pop left shoulder to the side. (pop shoulders according to the shifting of weight)

5-6 Step right to the side, touch left behind right7-8 Step left to the side, touch right behind left

Do counts 5-8 with style

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