

# Always & Forever

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Di Thompson (UK)  
音樂: Love Me Forever - Paul Bailey



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## RIGHT OVER, SIDE, SAILOR STEP - LEFT OVER, SIDE, SAILOR STEP

1-2            Step right over left, step left to left side  
3&4           Step right behind left, step left to left side, step right beside left  
5-6           Step left over right, step right to right side  
7&8           Step left behind right, step right to right side, step left beside right

## ROCK & STEP ¼ TURN, WALK, LEFT COASTER STEP, STEP, DRAG

9&10          Rock right across left, step onto left, make ¼ turn right stepping forward right  
11-12        Walk left, right  
13&14        Step forward left, step right beside left, step back left  
15-16        Step diagonally back long step on right, drag left to right and touch beside

## STEP, SLIDE RIGHT TO LEFT, SHUFFLE BACK, ROCK BACK, LOCK STEP FORWARD

17-18        Step left to left side, slide right to left  
19&20        Step back left, step right beside left, step back left  
21-22        Rock back right, rock forward onto left  
23&24        Step forward right, lock left behind right, step forward right

## ROCK & STEP, CROSS, SAILOR TURN, STEP POINT

25&26        Rock forward left, step right ¼ turn left, step left to left side  
27-28        Cross step right over left, step left to left side  
29&30        Step right behind left, step left ¼ turn right, step forward right  
31-32        Step forward left, point right to right side

**REPEAT**

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