

# Always Alive

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4  
編舞者: Louise Elfvengren (NOR)  
音樂: Stayin' Alive - Bee Gees

級數: Improver west coast swing



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## UNWIND ½ TURN RIGHT, LEFT SHUFFLE FORWARD, START 12:00, RIGHT SIDE ROCK RECOVER, CROSS SHUFFLE

1-2            Touch right toe behind left, unwind ½ turn (weight ends on right) (6:00)  
3&4           Step left forward, close right beside left, step left forward  
5-6           Rock right to right side, recover onto left  
7&8           Cross right over left, step left to left side, cross right over left

## KICK LEFT FOOT SIDEWAYS, LEFT FOOT BEHIND RIGHT, CHASSE RIGHT, STEP TURN RIGHT, SHUFFLE FORWARD LEFT FOOT

1-2            Kick left foot sideways, step left foot behind right foot  
3&4           Step right foot to side, close left to right, step right foot to side  
5-6           Step left foot forward turn ½ and step right forward (12:00)  
7&8           Step left forward, close right beside left, step left forward

## FULL LEFT TURN FORWARD, STEP RIGHT AND TOUCH LEFT, STEP TURN RIGHT, SHUFFLE FORWARD LEFT FOOT

1-2            Step right foot forward turn over left shoulder back to 12:00  
3-4            Step right to right side, touch left beside right  
5-6            Step left foot forward turn ½ and step right forward (6:00)  
7&8            Step left forward, close right beside left, step left forward

Option: instead of full turn walk right left

## 2 PADDLES LEFT WITH RIGHT FOOT HALF TURN, KICK BALL STEP RIGHT FOOT, QUARTER TURN LEFT

1-4            Weight on left foot, paddle 2x¼ turns with right foot (half turn) (12:00)

**Lift right foot when paddle and shoulders up and down when paddling**

5&6           Kick right foot, step down on right ball and step left foot beside right  
7-8           Step forward on right foot and turn a quarter stepping left (9:00)

REPEAT

TAG

With Bee Gees & Ozzy's tracks, finish wall 3 to count 16, then add the following 4 counts and restart from the top

## KICK BALL STEP RIGHT FOOT, QUARTER TURN LEFT

5&6           Kick right foot, step down on right ball and step left foot beside right (6:00)

7-8           Step forward on right foot and turn a quarter stepping left

Restart from section 1 facing 3:00

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