

Always (And Forever)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Bryan McWherter (USA)
音樂: I'm Your Man - Enrique Iglesias



SIDE, BACK, FORWARD, TRIPLE STEP, SIDE ROCK, REPLACE

- 1-3 Left foot step to left side, rock back on right, replace weight forward onto left foot
4&5 Step forward with right foot; lock (step) left foot behind and to right of right foot; step right foot forward
6 Rock (step) left foot to left side
7 Replace (shift) weight on to right foot
8 Step forward onto left foot

STEP, ½ TURN, TRIPLE STEP, KICK STEP, SCUFF, HITCH, STEP, HITCH TOUCH

- 1 Step forward onto right foot
2 Make ½ turn to left
3&4 Step forward with right foot; lock (step) left foot behind and to right of right foot; step right foot forward
5 Kick left foot forward
& Step left foot into place
6 Scuff right foot next to left
& Hitch right knee slightly
7 Step right foot slightly back (putting weight on it!)
& Hitch left knee slightly
8 Touch left toe forward

HIP BUMPS (RIGHT-LEFT-RIGHT, RIGHT, LEFT-RIGHT-LEFT-RIGHT)

- 1-4 Bump hips right, left, right, right
5-8 Bump hips left, right, left, right

Leave weight forward on left when bumping back on the last right

ROCK FORWARD, ROCK BACK, TRIPPLE ½ TURN, PADDLE TURNS, ¼, ¼, ½, ½

- 1-2 Rock forward on right foot, rock back on left foot
3&4 Step right foot ¼ turn to the right, slide left to meet with right, step right foot ¼ turn to the right
5&6 Touch left toe forward while making a ¼ turn to your right, hitch left knee slightly, touch left toe out to left side while making a ¼ turn to your right
&7&8& Hitch left knee slightly, touch left toe out to left side while making a ½ turn to your right, hitch left knee slightly, touch left toe out to left while making a ½ turn to your right, hitch left knee slightly

REPEAT