

# Alright Mama

**COPPER KNOB**  
STEPPERS

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Pat Stott (UK)  
音樂: That's Alright - Vince Gill



## CROSS, SNAP, BACK, SNAP, SIDE, ROCK, FORWARD TWICE

1&2&      Cross right over left, snap fingers, back on left, snap fingers  
3&4      Rock right to right, rock in place on left, step forward on right  
5-8      Repeat steps 1-4 commencing with left foot

## FORWARD ROCK, BACK ROCK, ¾ TURN

9&10&      Rock forward on right, replace weight on left, rock back on right, replace weight forward on left  
11&12      Turning ¾ to right overall -turn ¼ to right and step forward on right, turn ¼ to right and step to the side on ball of left foot, turn ¼ to right and transfer weight forward onto right foot

## FORWARD, ROCK, SIDE, ROCK, BACK, ROCK, STEP TO SIDE

13&      Rock forward on left foot, recover onto right  
14&      Rock left to left side, recover onto right  
15&      Rock back onto left foot, recover onto right  
16      Step left foot to side

## HEEL BOUNCES, PIVOT ½, PIVOT ¼ SWIVEL HEELS

17-18      Bend knees slightly to raise heels and turn 1/8 to right and then lower heels, raise heels and turn 1/8 to right and lower heels  
19&203      Heel bounces to left turning ½ to left overall  
21-22      Step forward on right, pivot ½ to left (transfer weight forward onto left)  
23&24      Step forward on right, turning ¼ to left swivel both heels to the right, straighten up as you complete the turn

## TOE, HEEL, STEP,, SHUFFLE FORWARD, MAMBO ROCK

25&26      With knee turned in - tap right toe next to left, with knee turned out - tap right heel next to left, step forward on right  
27&28      Shuffle forward - left, right, left  
29&30      Rock forward on right, recover on left, close right to left

## LOCK STEP BACK, ½ TURN RIGHT, LOCK STEP FORWARD, MAMBO ROCK

31&32      Step back on left, cross right foot over left, step back on left  
&      Weight on left pivot ½ to right hooking right foot in front of left leg  
33&34      Forward on right, lock left behind right, forward on right  
35&36      Rock forward on left, recover onto right, close left to right

## SWIVETS

37&      With weight on heel of left and ball of right - turn both toes to left, straighten up  
38&      With weight on heel of right and ball of left - turn both toes to right, straighten up  
39&      With weight on heel of left and ball of right - turn both toes to left, straighten up  
40&      With weight on heel of right and ball of left - turn both toes to right, straighten up

## REPEAT