Alright Already

拍數: 32

牆數: 0

級數:

編舞者: Lyndy (USA)

音樂: It's Alright - Trisha Yearwood

Position: Sweetheart

RIGHT LOCK STEP, BRUSH, STEP BRUSH, STEP BRUSH

- 1-4 Walk forward right, lock (cross) left behind right, walk forward right, brush left
- 5-6 Walk forward left, brush right next to left
- 7-8 Walk forward right, brush left next to right

LEFT LOCK STEP, BRUSH, STEP TOUCHES FRONT & BACK

- 9-12 Walk forward left, lock (cross) right behind left, walk forward left, brush right
- 13-14 Step forward & slightly right onto right, touch left next to right
- 15-16 Step back & slightly left onto left, brush right from front to back next to left (anticipating 1/4 turn right on count 17)

1/4 TURN INTO RIGHT VINE, BRUSH 1/4 TURN, SYNCOPATED 1/2 TURN

- 17 Turn 1/4 right and step right to right side
- Hands still joined at shoulder height, man now behind woman both facing out

18-19-20 Cross left behind right, step right to right side, turn ¼ right and brush left foot forward Now facing RLOD

21-22 Step forward left, hold

Break left hands and raise joined right hands

Pivot turn 1/2 right transferring weight onto right, hold 23-24

Man passes under joined right hands. After turn, hands return to Sweetheart position facing line of dance

ROCK FORWARD, RETURN, STEP BACK HOLD, ROCK REAR, RETURN, 2 KICKS

- 25-28 Rock forward on left, return onto right, walk back left, hold
- 29-32 Rock back on right, return onto left, kick right, kick right

REPEAT



