

Alright

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Karen Hedges (USA)
音樂: I'm Alright - Jo Dee Messina



PIGEON TOES

1-2 On balls of both feet spread heels apart, bring back center
3-4 On balls of both feet spread heels apart, bring back center

SIDE STEP SLIDES RIGHT.

5-6 Step 45 degrees forward on right slide left to meet
7-8 Step 45 degrees forward on right slide left to meet

QUARTER TURNS LEFT

9-10 Step forward on right ¼ turn to left putting weight on left
11-12 Step forward on right ¼ turn to left putting weight on left

RIGHT VINE

13-14 Step to right side putting weight on right foot, step left behind right
15-16 Step to right side putting weight on right foot, touch left toe beside right

LEFT VINE

17-18 Step to left side putting weight on left foot, step right behind left
19-20 Step to left side putting weight on left foot, touch right toe beside left

RIGHT SHUFFLE FORWARD LEFT SHUFFLE FORWARD

21& Step forward on right putting weight on right bring left to meet
22-23 Step forward on right putting weight on right, step forward on left
&24 Bring right to meet left, step forward on left putting weight on left

JAZZ BOX QUARTER TURNS

25-26 Cross right over left putting weight on right, step ¼ turn to left with left putting weight on left
27-28 Step to right side with right putting weight on right and step slightly forward on left putting weight on left
29-30 Cross right over left putting weight on right, step ¼ turn to left with left putting weight on left
31-32 Step to right side with right putting weight on right and step together with left

REPEAT