

Along For The Ride

拍數: 64 牆數: 2 級數:
編舞者: Terry Hogan (AUS)
音樂: Ants On a Log - Randy Travis



- 1-2 Step forward at 45 degrees left on left foot, slide right foot beside left
3-4 Step left forward at 45 degrees scuff ball of right foot across in front of left
5 Step down on right foot crossed in front of left
6 Scuff ball of left foot to the left side and swing it to the right across in front of right foot
7-8 Step down on left foot crossed in front of right, scuff ball of right foot to the right side
- 1-2 Step down on right foot, slide left foot across in front of right
3-4 Step down on right foot, slide left foot across in front of right
5 Step to the right side on right foot
6 On ball of right foot make ½ turn left scuffing ball of left foot backwards on the floor
7 Step down on left foot
8 On ball of left foot make ½ turn left scuffing ball of right foot forward
- 1-4 Vine right (right-left-right), touch left foot beside right
5-8 Vine left (left-right-left), making ½ turn left, scuff right foot forward
- 1-2 Step forward at 45 degrees right on right foot, slide left foot beside right
3-4 Step right foot forward at 45 degrees, scuff ball of left foot across in front of right
5 Step down on left foot crossed in front of right
6 Scuff ball of right foot to the right side and swing it to the left across in front of left
7-8 Step down on right foot crossed in front of left, scuff ball of left foot to the left side
- &1-2 Jump/step on left foot to the left side, jump/step right foot beside left. Hold
3-4 Step left foot to the left side, step right foot across behind left
&5-6 Jump/step on left foot to the left side, jump/step right foot beside left. Hold
7-8 Step left foot to the left side, scuff ball right foot forward
- 1-2 Step forward on right foot, scuff ball left foot forward
3-4 Step forward on left foot, scuff ball right foot forward
5-6 Rock/step forward on right foot, rock back onto left foot
7-8 Rock/step back on right foot, rock forward onto left foot
- 1-2 Step on right foot, on balls of feet make ¼ turn left transferring weight onto left foot
3-4 Step forward on right foot making ¼ turn left, touch left toe beside right foot
5-6 Step on left foot on balls of feet make ¼ turn right transferring weight onto right foot
7-8 Step forward on left foot making ¼ turn right, touch right toe beside left foot
- 1-2 Making ½ turn right on ball of left foot step right foot forward, scuff left foot forward
3-4 Step forward on left foot making ½ turn right touch right toe beside left
&5-6 Small jump backwards on right foot, step left foot beside right. Hold
&7-8 Small jump backwards on right foot, touch left foot beside right. Hold

REPEAT