

Alone Together

拍數: 64 牆數: 2 級數: Intermediate
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音樂: I Think We're Alone Now - Girls Aloud



RIGHT CROSS ROCK & RECOVER, BALL CROSS, ½ RIGHT MONTEREY, & STEP FORWARD

1-2 Cross/rock right over left, recover on left
&3-4 Step right back, cross left over right, touch right toe to side
5-6 Turn ½ right and step right together, touch left toe to side
&7-8 Step left together, step right forward, step left forward

SYNCOPATED FORWARD ROCKS STEPS RIGHT & LEFT, LEFT BACK SHUFFLE, RIGHT BACK ROCK & RECOVER

1-2& Rock right forward, recover on left, step right together
3-4 Rock left forward, recover on right
5&6 Step left back, step right together, step left back
7-8 Rock right back, recover on left

& STEP FORWARD, ¼ LEFT, STEP LEFT, 3 STEP WEAWE, STEP LEFT

&1-2 Step right together, step left forward, step right forward
3-4 Turn ¼ left (weight to left), cross right over left
5 Step left to side
6&7 Cross right behind left, step left to side, cross right over left
8 Step left to side

RIGHT ROCK BACK & RECOVER, BALL CROSS, 2 X ¼ LEFT TURN STEPS, ¼ LEFT TURN SIDE SHUFFLE

This when executed is in the shape of a box with feet STEP together

1-2 Rock right back, recover on left
&3-4 Step right to side, cross left over right, step right to side
5-6 Turn ¼ left and step left to side, turn ¼ left and step right to side
7&8 Turn ¼ left and step left to side, step right together, step left to side (6:00)

OR CROSS ROCK & RECOVER, 3 BALL CROSSES TO THE RIGHT, STEP RIGHT, ½ LEFT HINGE TURN

1-2 Cross/rock right over left, recover on left
&3&4 Step right back, cross left over right, step right to side, cross left over right
&5-6 Step right to side, cross left over right, step right to side
7-8 Turn ½ left and step left to side, cross right over left

Restart here during 2nd wall, replacing count 40 with a right scuff. You will be facing back wall for restart

LEFT SIDE ROCK & RECOVER, 3 STEP WEAWE, RIGHT & LEFT KICKS EXECUTING A TURN ½ LEFT

As an alternative to the kicks you can do heel digs or toe touches

1-2 Rock left to side, recover on right
3&4 Cross left behind right, step right to side, cross left over right
5&6 Kick right forward, step right together, turn ¼ left and kick left forward
&7&8 Step left together, kick right forward, step right together, turn ¼ left and kick left forward
& Step left together

RIGHT SIDE ROCK & RECOVER, 3 STEP WEAWE, LEFT & RIGHT KICKS EXECUTING A TURN ½ RIGHT

As an alternative to the kicks you can do heel digs or toe touches

1-2 Rock right to side, recover on left
3&4 Cross right behind left, step left to side, cross right over left

5&6 Kick left forward, step left together, turn $\frac{1}{4}$ right and kick right forward
&7&8 Step right together, kick left forward, step left together, turn $\frac{1}{4}$ right and kick right forward
& Step right together

LEFT FORWARD ROCK & RECOVER, TURN $\frac{1}{2}$ LEFT, LEFT SHUFFLE FORWARD, 2 X $\frac{1}{2}$ LEFT PIVOT TURNS

1-2 Rock left forward, recover on right
3&4 Turn $\frac{1}{2}$ left and step left forward, step right together, step left forward
5-6 Step right forward, turn $\frac{1}{2}$ left (weight to left)
7-8 Step right forward, turn $\frac{1}{2}$ left (weight to left)

REPEAT
