

Alone Again..?

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Oh Lonesome Me - The Kentucky Headhunters



2X TWIST HEEL-HOLD, 4X TWIST HEELS, (ALL WITH EXPRESSION)

- 1-2 Twist heels to right, hold
- 3-4 Twist heels to left, hold
- 5-6 Twist heels to right, twist heel to left
- 7-8 Twist heels to right, twist heel to left

Bend knees slightly during heel twists also swing arms in same direction of heels

2X LEG SWING-STEP BACKWARD, BACKWARD STEP LOCK, STEP BACKWARD, BACKWARD TOE TAP

- 9-10 Swing right leg to right side, step backward onto right foot
- 11-12 Swing left leg to left side, step backward onto left foot
- 13-14 Step backward onto right foot, lock left foot across front of right
- 15-16 Step backward onto right foot, tap left toe backward

2X SIDE STEP-HOLD-(WITH EXPRESSION), STEP BEHIND, SLOW FORWARD SAILOR STEP, STEP FORWARD

- 17-18 Step left foot to left side & swing arms to left, hold
- 19-20 (Change weight to right foot) swing arms to right, hold

Bump hips and turn head in same direction as arm swings

- 21-22 Cross step left foot behind right, step right foot to right side
- 23-24 Walk forward: left, right

¼ RIGHT SIDE STEP-HOLD-(WITH EXPRESSION), ½ LEFT SIDE STEP-HOLD-(WITH EXPRESSION), SLOW SAILOR STEP, TOGETHER

- 25-26 Turn ¼ right & step left foot to left, hold
- 27-28 Turn ½ left & step right foot to right

Swing arms into same direction as the side step

- 29-30 Cross step left foot behind right, step right foot to right side
- 31-32 Step left foot to left side, step (or stomp) right foot next to left

REPEAT

DANCE FINISH

After the completion of the 14th wall (facing 6:00) do the following

- 1-2 Step forward onto left foot, pivot ½ right (weight on right foot)
- 3-4 Stomp left foot next to right, stomp right foot in place
- 5-6 Touch hat brim with right hand, place left hand behind back
- 7-8 Lower head (hand still on hat), hold