

# Alone Again..?

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: William Sevone (UK)  
音樂: Oh Lonesome Me - The Kentucky Headhunters



## 2X TWIST HEEL-HOLD, 4X TWIST HEELS, (ALL WITH EXPRESSION)

- 1-2            Twist heels to right, hold
- 3-4            Twist heels to left, hold
- 5-6            Twist heels to right, twist heel to left
- 7-8            Twist heels to right, twist heel to left

**Bend knees slightly during heel twists also swing arms in same direction of heels**

## 2X LEG SWING-STEP BACKWARD, BACKWARD STEP LOCK, STEP BACKWARD, BACKWARD TOE TAP

- 9-10            Swing right leg to right side, step backward onto right foot
- 11-12            Swing left leg to left side, step backward onto left foot
- 13-14            Step backward onto right foot, lock left foot across front of right
- 15-16            Step backward onto right foot, tap left toe backward

## 2X SIDE STEP-HOLD-(WITH EXPRESSION), STEP BEHIND, SLOW FORWARD SAILOR STEP, STEP FORWARD

- 17-18            Step left foot to left side & swing arms to left, hold
- 19-20            (Change weight to right foot) swing arms to right, hold

**Bump hips and turn head in same direction as arm swings**

- 21-22            Cross step left foot behind right, step right foot to right side
- 23-24            Walk forward: left, right

## ¼ RIGHT SIDE STEP-HOLD-(WITH EXPRESSION), ½ LEFT SIDE STEP-HOLD-(WITH EXPRESSION), SLOW SAILOR STEP, TOGETHER

- 25-26            Turn ¼ right & step left foot to left, hold
- 27-28            Turn ½ left & step right foot to right

**Swing arms into same direction as the side step**

- 29-30            Cross step left foot behind right, step right foot to right side
- 31-32            Step left foot to left side, step (or stomp) right foot next to left

## REPEAT

## DANCE FINISH

**After the completion of the 14th wall (facing 6:00) do the following**

- 1-2            Step forward onto left foot, pivot ½ right (weight on right foot)
- 3-4            Stomp left foot next to right, stomp right foot in place
- 5-6            Touch hat brim with right hand, place left hand behind back
- 7-8            Lower head (hand still on hat), hold