Baby's A Bundle Of Nerves



拍數: 32 編數: Intermediate

編舞者: Anita McNab (CAN)

音樂: Bundle of Nerves - Ken Mellons



FORWARD DIAGONAL RIGHT, LOCK STEP, SHUFFLE DIAGONALLY FORWARD RIGHT-LEFT-RIGHT

1-2 Step forward right, lock step left behind right3&4 Shuffle diagonally to corner, right, left, right

FORWARD DIAGONAL LEFT, LOCK STEP, SHUFFLE DIAGONALLY FORWARD LEFT-RIGHT-LEFT

5-6 Step forward left, lock step right behind left 7&8 Shuffle diagonally to corner, left, right, left

BACK - FIRST ON RIGHT, TOUCH LEFT, THEN BACK LEFT, TOUCH RIGHT

9-10 Back right, touch left beside right11-12 Back left, touch right beside left

LEFT KNEE IN, RIGHT KNEE IN, LEFT KNEE IN, RIGHT KNEE IN (WEIGHT ON LEFT)

13-14 Left knee in, bring back out as you bring right knee in

15-16 Bring right back out as you bring in left knee, bring left back out as you bring in right knee

VINE RIGHT WITH SCUFF, SIDE LEFT, RIGHT BEHIND, SIDE LEFT, RIGHT BEHIND

17-20 Vine right with a scuff

21-24 Step side left, right behind, step side left, right behind (weight on right)

SHUFFLE 1/4 TURN LEFT, STEP RIGHT PIVOT 1/4 TURN LEFT

25-26 With ¼ turn left - shuffle left, right left

27-28 Step forward on right, pivot ¼ turn to left onto left

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, STEP LEFT FORWARD, TOUCH RIGHT HOME

29&30 Shuffle forward right, left, right

31-32 Step forward on left, touch right in home position

REPEAT

TAG

There is a small tag only if danced to "Bundle of Nerves". Every second wall (front wall) add "Step back Right, touch Left, step back Left, touch Right". Then at end of dance (back wall) repeat tag twice.