

Baby I Lied

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音樂: Believe Me Baby (I Lied) - Trisha Yearwood



KICK, POINT, POINT, KICK, ½ PIVOT TURN, SHUFFLE FORWARD

1&2 Kick left forward, & step left in place, point right to side
&3&4& Step right beside left, point left to side, & step left beside right, kick right
5&6-7-8 Shuffle forward right-left-right, step forward left, ½ pivot right

KICK, POINT, POINT, KICK, SHUFFLE FORWARD, STEP TOUCH

1&2 Kick left forward, & step left in place, point right to side
&3&4& Step right beside left, point left to side, & step left beside right, kick right
5&6-7-8 Shuffle forward right-left-right, step forward left, touch right beside left

SIDE SHUFFLE, ROCK BACK & FORWARD, SIDE SHUFFLE, TURN TOUCH

1&2-3-4 Side shuffle to right, rock back onto left, rock forward onto right
5&6-7-8 Side shuffle to left, ½ turn right step right to side, touch left

¾ TURN, HEEL BALL CROSS, STEP TOUCH, SIDE SHUFFLE

1&2 Step forward left, & ¾ turn right step onto right, step forward left
3&4 Right heel to side, & step right next to left, cross/step left over right
5-6-7&8 Step right to side, touch left next to right, side shuffle left (left-right-left)

ROCK FORWARD, BACK, COASTER, 1 ¼ TURNING VINE LEFT

1-2-3&4 Rock forward onto right, rock back onto left, coaster step (right-left-right)
5-6-7-8 1 ¼ rolling vine left stepping left-right-left, step right together

SHUFFLE BACK, ½ TURN SHUFFLE, ROCK FORWARD, BACK, FULL TURN

1&2-3&4 Shuffle back left-right-left ½ turn right & shuffle forward right-left-right
5-6-7&8 Rock forward left, rock back onto right, full turn turn left triple step (left-right-left)

ROCK FORWARD, BACK, HIPS RIGHT, HIPS LEFT, ¼ LEFT ROTATING HIPS

1-2 Rock forward onto right, rock back onto left
3&4-5&6 Step back onto right bumping hips right-left-right, repeat same left
7-8 ¼ turn to left rotating hips around to right finish weight on left

KICK BALL CHANGE, ¼ PIVOT, KICK BALL CHANGE, ½ TURN TOUCH

1& Kick right foot forward, & step right next to left ¼ turning left
2-3-4-5 Step left next to right, step right forward, ¼ pivot turn left, kick right forward
&6 Step right next to left ¼ turning left, step left next to right
7-8 ½ turn left stepping right back, touch left next to right

REPEAT