

Baby Bop

COPPER **NOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sharon McNaughton (UK)
音樂: Bop Bop Baby - Westlife



RIGHT BACK ROCK & RECOVER, CHASSE RIGHT, LEFT CROSS ROCK & RECOVER, LEFT SCISSOR STEP

1-2 Rock back on right foot, recover weight forward onto left foot
3&4 Step right foot to right side, close left foot next to right, step right foot to right side
5-6 Cross rock left foot over right, recover weight back onto right foot
7&8 Step left foot to left side, close right foot next to left, cross left foot over right

RIGHT, CROSS LEFT BEHIND, RIGHT SHUFFLE ¼ TURN, STEP PIVOT ½ TURN, LEFT SHUFFLE FORWARD

9-10 Step right foot to right side, cross left foot behind right
11&12 Step right foot to right side, close left foot next to right, step right foot forward making ¼ turn to right
13-14 Step left foot forward, pivot ½ turn right ending with weight on right
15&16 Step left foot forward, close right foot next to left, step left foot forward

RIGHT ROCK FORWARD & RECOVER, TRIPLE FULL TURN RIGHT, POINT LEFT, HOOK ¼ TURN LEFT, LEFT SHUFFLE FORWARD

17-18 Rock forward onto right foot, recover weight back onto left foot
19&20 Triple full turn to right - right, left, right
21-22 Point left toe to left side, on ball of right foot make ¼ turn to left while hooking left foot in front of right shin
23&24 Step forward on left foot, close right foot next to left, step forward on left foot

RIGHT KICK BALL CHANGE TWICE, STEP PIVOT ½ TURN, RIGHT MAMBO STEP

25&26 Kick right foot forward, step back on ball of right foot, step left foot in place
27&28 Kick right foot forward, step back on ball of right foot, step left foot in place
29-30 Step forward on right foot, pivot ½ turn left ending with weight on left
31&32 Rock forward on right foot, recover weight onto left foot, close right foot next to left

LEFT KICK, RIGHT KICK, LEFT KICK BALL CHANGE, LEFT STOMP, CLAP, RIGHT BALL STOMP, CLAP CLAP

33&34& Kick left foot forward, step back on left foot, kick right foot forward, step back on right foot
35&36 Kick left foot forward, step back on ball of left foot, step right foot in place
37-38 Stomp left foot forward, hold and clap
&39&40 Step back on ball of right foot, stomp left foot forward, hold and clap clap

RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK CROSS, ROLLING VINE RIGHT

41&42 Rock right foot to right side, recover weight onto left foot, cross right foot over left
43&44 Rock left foot to left side, recover weight onto right foot, cross left foot over right
45-46 Step right foot forward making ¼ turn right, step left foot back making ½ turn right
47-48 Step right foot to right making ¼ turn right, close left foot next to right

RIGHT KICK, LEFT KICK, RIGHT KICK BALL CHANGE, RIGHT STOMP, CLAP, LEFT BALL STOMP, CLAP CLAP

49&50& Kick right foot forward, step back on right foot, kick left foot forward, step back on left foot
51&52 Kick right foot forward, step back on ball of right foot, step left foot in place
53-54 Stomp right foot forward, hold and clap

&55&56 Step back on ball of left foot, stomp right foot forward, hold and clap clap

LEFT SIDE ROCK CROSS, RIGHT SIDE ROCK CROSS, ¼ TURN LEFT, ½ TURN LEFT, SHUFFLE ½ TURN LEFT

57&58 Rock left foot to left side, recover weight onto right foot, cross left foot over right

59&60 Rock right foot to right side, recover weight onto left foot, cross right foot over left

61-62 Step forward on left foot making ¼ turn to left, step back on right foot making ½ turn to left

63&64 Step left foot to left side making ¼ turn to left, close right foot next to left, step forward on left foot making ¼ turn to left

REPEAT
