

Baby "B"

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sylvia Priestley (UK)
音樂: Dance and Shout - Wynonna



When dancing to "Limbo Lady" on the jump turns bend knees and at the same time shimmy

SYNCOATED SPLITS

- & Right foot small step to the right side
- 1 Left foot small step to the side (shoulder width apart)
- & Right foot small step to center
- 2 Left foot small step to center
- & Right foot small step to the side
- 3 Left foot small step to the side (shoulder width apart)
- & Right foot small step to center
- 4 Left foot small step to center
- & Right foot small step to the side
- 5 Left foot small step to the side (shoulder width apart)
- & Right foot small step to center
- 6 Left foot small step to center (when stepping to right side take arms out to the side, when stepping to center clap hands in front of body)

TOUCH, CROSS, UNWIND

- & Right foot touch to the side
- 7 Right foot cross over front of left
- 8 Pivot on balls of both feet ½ turn left (body roll optional)

FORWARD SHUFFLES

- 9 Left foot step forward
- & Right foot slide up to left
- 10 Left foot step forward
- 11 Right foot step forward
- & Left foot slide up to right
- 12 Right foot step forward

SUGAR FEET

- 13 Left foot step back
- 14 Right foot step back (swiveling feet on both steps)
- 15 Left foot step back
- 16 Right foot step back (swiveling feet on both steps)

DIAGONAL HIP PUSHES

- 17 Left foot step diagonally forward to left, push hips forward
- 18 Push hips back
- 19 Push hips forward
- 20 Hitch right knee
- 21 Right foot step diagonally forward to right, push hips forward
- 22 Push hips back
- 23 Push hips forward
- 24 Left foot step beside right

SYNCOPATED ¾ TURN RIGHT

& Right foot small jump step forward
25 Left foot small jump step forward
26 Clap
& Right foot small jump step forward
27 Left foot small jump step forward turning ¼ right
28 Clap
& Right foot small jump step forward
29 Left foot small jump step forward turning ¼ right
30 Clap
& Right foot small jump step forward
31 Left foot small jump step forward turning ¼ right
32 Clap

REPEAT
