

Baby

拍數: 40 牆數: 4 級數: Beginner
編舞者: Marie Miller (USA)
音樂: Baby Once I Get You - Scooter Lee



RIGHT SIDE TOE, HEEL, LEFT SIDE TOE HEEL, TOGETHER ON RIGHT, LEFT

1-2 Place right toe slightly to right (about 4 inches), step down on heel

Step into count 1 pushing hips to right

Option: snap fingers on right hand on count 2

3-4 Place left toe slightly to left (about 4 inches), step down on heel

Step into count 3 pushing hips to left

Option: snap fingers on left hand on count 4

5-6 Step right foot together in home position, step left foot beside right

7-12 Repeat counts 1-6

RIGHT TOE FORWARD, HEEL DOWN, LEFT TOE FORWARD, HEEL DOWN, STEP BACK RIGHT, LEFT

13-14 Step forward on right toe, step down on heel

15-16 Step forward on left toe, step down on heel

17-18 Step back on right foot, step back on left foot (weight on left)

19-24 Repeat counts 13-18

RIGHT GRAPEVINE BRUSH, LEFT GRAPEVINE WITH ¼ TURN, BRUSH

25-28 Step right foot to right side, cross left foot behind right, step right foot to right side, brush left foot

29-32 Step left foot to left side, cross right foot behind left, step left foot ¼ turn left, brush right foot

Options: conga turns may be used instead of grapevines

HIP BUMPS, ROCK FORWARD, BACK, FORWARD, BACK

33-34 Step forward on right foot into double right hip bumps

35-36 Shift weight back over left foot into double left hip bumps

37-40 Rock weight forward, back, forward, back (weight over left)

Option: as you rock forward swing arms apart at waist level out to sides as you rock back move hands forward

REPEAT
