

Babushka

拍數: 44 牆數: 2 級數: Beginner
編舞者: Michelle Jackson (USA)
音樂: How Do You Like Me Now?! - Toby Keith



RIGHT AND LEFT DIAGONAL SHUFFLES

1&2 Step right diagonal to right corner, step left to right foot, step right diagonal to right corner
3&4 Step left diagonal to left corner, step right to left foot, step left diagonal to left corner
5&6 Step right diagonal to right corner, step left to right foot, step right diagonal to right corner
7&8 Step left diagonal to left corner, step right to left foot, step left diagonal to left corner

WALK FORWARD AND KICK, BACK AND TOUCH

1-2 Walk forward right, left
3-4 Walk right, kick left
5-6 Walk back left, right
7-8 Back left, touch right toe back
1-8 Repeat

RIGHT LINDY AND LEFT LINDY

1&2 Step right to right side, step left beside right, step right to right side
3-4 Left rock back on ball of foot behind right, recover weight to right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Right rock back on ball of foot behind left, recover weight to left

RIGHT SHUFFLE WITH TOE, HEEL TOUCHES, LEFT SHUFFLE WITH TOE, HEEL TOUCHES

1&2 Step forward right, bring left to right, step forward right
3-4 Touch left toe forward, touch left toe back
5&6 Step forward left, bring right to left, step forward left
7-8 Touch right toe forward, touch right toe back

TWO ¼ LEFT PADDLE TURNS, STOMP, STOMP

1-2 Step forward on right, turn ¼ left on ball of left foot, step forward on right, turn ¼ left on ball of left foot
3-4 Stomp right, stomp left, taking weight

REPEAT