

B Crazy

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Caroline Robson (UK)
音樂: Crazy - Gnarl's Barkley



SKATES, LEAN, TOGETHER SIDE, PIGEON TOES

1-2 Slide right foot forward, slide left foot forward, at angles
3&4 Taking weight on right, lean top of body to right, bring left foot to right foot, step right foot slightly to right side (as in side body roll)

Alternative - step right side together side

5-8 Pull toes in and heels out, back to center twice

SKATES, LEAN, TOGETHER SIDE, PIGEON TOES

1-2 Slide left foot forward, slide right foot forward, at angles
3&4 Taking weight on left, lean top of body to left, bring right foot to left foot, step left foot slightly to left side (as in side body roll)

Alternative - step left side together side

5-8 Pull toes in and heels out, back to center twice

CHARLESTON WITH ¼ TURN TO LEFT

1-2 Touch right toe forward, step right in place
3-4 Touch left toe back, step left in place
5-6 Touch right toe forward, step right in place
7-8 Touch left toe back, take weight on left foot while making ¼ turn to left

WEAVE LEFT WITH TOUCH, ROLLING VINE RIGHT, STEP ON LEFT

1&2& Cross right over left, step left to left side, cross right behind left, step left to left side
3&4 Cross right over left, step left to left side, touch right in place
5-6 Step right to right side, make ½ turn right stepping onto left foot
7-8 Make ½ turn right stepping onto right foot, step left in place

SLIDES TO RIGHT THEN LEFT WITH ROCKS

1-2 Big step to right sliding left up to right keeping weight on right
3&4& Step left back, recover weight forward onto right, step left forward, recover weight back onto right
5-6 Big step to left sliding right up to left keeping weight on left
7&8& Step right back, recover weight forward onto left, step right forward, recover weight back onto left

STEP ¼ RIGHT, STEP BACK ¼ LEFT, STEP BACK ¼ RIGHT WITH HOLDS, CROSS TOUCH

1-4 Step right out ¼ turn to right, hold, step left out ¼ turn to left, hold
5-8 Step right out ¼ turn to right, hold, cross left over right and point right out to side slightly forward

REVERSE PADDLE RIGHT AND LEFT

1-4 Make ½ turn right in 4 pulls round on right foot, taking weight on right on 4th count
5-8 Pointing left to left side, make ½ turn left in 4 pulls round on left foot, taking weight on left foot on 8th count

RIGHT SHUFFLE, PIVOT ½ TURN, LEFT SHUFFLE, WALK RIGHT, LEFT

1&2 Step right forward, close left to right, step right forward
3-4 Step left forward, pivot ½ turn right

5&6

Step left forward, close right to left, step left forward

7-8

Step right forward, step left forward

REPEAT
