

'B' Bop

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kenny Thompson (SCO) & Irene Thompson (SCO)
音樂: Bee, Bop - Jamie Ryan



RIGHT VINE ½ TURN, SIDE SHUFFLE, ROCK, STRUTS WITH ROCKS

1-2 Step right to right side, step left behind right
3-4 Step right to right side making ¼ turn right, scuff left making another ¼ turn. (6:00)
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock back onto right foot, recover weight to left
9-10 Step right heel forward, drop right toes to floor
11-12 Rock step left to left side, recover weight to right
13-14 Step left heel forward, drop left toes to floor
15-16 Rock step right to right side, recover weight to left

HEEL TOE, MONTEREY TURN, CROSS SHUFFLE HIP BUMPS. HEEL TOE, MONTEREY TURN

17-18 Touch right heel forward, touch right toe back
19-20 Touch right toe to right to right side, making ½ turn right step right beside left. (12:00)
21-22 Touch left toe to left side, step left in place beside right
23&24 Cross right foot over left, make small step to left with left, small step left with right
25-26 Stepping left to left side bump hips left, bump hips right
27-28 Touch left heel forward, touch left toe back
29-30 Touch left toe to left side, making ½ turn left step left beside right
31-32 Touch right to right side, step right in place beside left. (6:00)

CROSS SHUFFLE HIP BUMPS, STRUTS BACK WITH ROCKS, ¼ TURN STEP HOLD ½ TURN, ½ TURN

33&34 Cross left foot over right, make small step to right with right, make small step to right with left
35-36 Stepping right to right side bump hips right, bump hips left
37-38 Touch right toe back, step down on right heel
39-40 Rock weight out to left, recover weight onto right
41-42 Touch left toe back, step down on left heel
43-44 Rock weight out to right, rock weight back onto left making ¼ turn left. (3:00)
45-46 Step forward on right. Hold
47-48 Making ½ turn right step back left, making ½ turn right step forward right. (3:00)

FORWARD SHUFFLE, HIP WALKS, STEP TOUCHES

49&50 Step forward left, close right beside left, step forward left
51&52 Step forward right (diagonally) bumping hips right left right
53-54 Step forward left (diagonally) touch right beside left
55-56 Step back right (diagonally) touch left beside right
57&58 Step forward left (diagonally) bumping hips left right left
59-60 Step forward right (diagonally) touch left beside right
61-62 Step back left (diagonally) touch right beside left
63-64 Returning to 3:00 wall touch right heel forward, touch right toe back

REPEAT