

Attitude Aptitude

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Matthew Oakley (UK)
音樂: Morphine - Michael Jackson



SYNCOPATED HEEL STEPS, STOMPS FORWARD

- &1 Step right foot back, touch left heel forward
- &2 Step left foot forward, touch right foot next to left
- &3 Step right foot back, touch left heel forward
- &4 Step left foot forward, scuff right foot forward
- 5-6 Stomp right foot forward, stomp left foot slightly behind right (pointing diagonally left)
- 7&8 Stomp right foot forward, stomp left foot slightly behind right (pointing diagonally left), stomp right foot forward.

¼ TURN RIGHT, SYNCOPATED SWITCHES MOVING LEFT WITH A SNAKE ROLL LEFT

- 9&10 Step left foot forward ¼ right, step right foot next to left, touch left foot out to left
- 11&12 Snake roll left (taking weight onto left), step right foot next to left, touch left foot out to left side

LEFT FOOT SWIVEL TURN LEFT, STOMP RIGHT, STOMP LEFT

- 13&14 Twist left foot ¼ to right, ¼ to left, ¼ to right
- 15-16 Stomp right foot slightly behind left (pointing diagonally right), stomp left foot in place

HEEL CROSSES, TOE AND HEEL DROPS, RIGHT AND LEFT

- 17-18 Touch right heel out to right, touch right heel across left
- 19&20 Drop right toes down, bring right heel up and drop, bring right heel up and drop
- 21-24 Repeat steps 17-20 on left

ATTITUDE SHUFFLES, ¼ TURN RIGHT KNEE POP

- 25&26 Step right foot forward, step left foot slightly behind right (pointing diagonally left), stomp right foot forward (pushing hips forward)
- 27&28 Step left foot forward, step right foot slightly behind left (pointing diagonally right), stomp left foot forward (pushing hips forward)
- 29-30 Repeat steps 25&26
- 31&32 Step left foot ¼ turn right, step right foot next to left, step left foot in place pop right knee

REPEAT
