Athens Grease



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Karl Cregeen (UK)

音樂: Athens Grease - Phil Vassar



WALK, WALK, KICK, ROCK BACK

1-2 Walk forward on your right foot, then your left

3&4 Kick forward with your right foot, rock back onto your right foot (body angled towards rear and

looking back as you rock), replace weight onto left foot

WALK, WALK, HIP ROLL

5-6 Step right, then left (plant foot forward as you clap)7-8- Then rotate your hips in a circular motion for two counts

ROCKING CHAIR, 1/4 LEFT PIVOT, CROSS SHUFFLE

9-12 Rock forward onto right, then replace weight onto left, rock back onto right, then replace

weight onto left

13-14 Step forward right, turn ½ pivot to the left

15&16 Cross right over left, step left to the left side, cross left over right

½ TURN RIGHT (LEFT/RIGHT), CROSS SHUFFLE, KICK, CROSS, SIDE SHUFFLE

17-18 Turn ¼ turn to the right as you step back onto the left foot, turn another ¼ turn to the right as

you step to the side with your right foot

19&20 Cross left over right, step right to the right side, cross left over right

21-22 Kick your right foot out to the right side (click fingers), cross right over left

23&24 Side shuffle to left side on left, right to left, left to side

REVERSE CROSS UNWIND ½ TURN, SYNCOPATED CROSS ROCK, ¼ TURN, ¼ PIVOT, KICK BALL CHANGE

25-26 Cross your right foot behind the left, unwind ½ turn to the right

27&28 Cross rock left over right, replace weight onto your right, then turn ½ turn to the left as you

step onto left foot

29-30 Step forward right, pivot ½ turn to the left (weight onto left)

31&32 Kick forward with right foot, step right next to left, replace weight onto left foot

REPEAT

TAG 1

After 3rd wall, on main chorus after words 'Athens Grease'

ROCKING CHAIR, (2X) 1/2 MONTEREY HIP BUMPS/WITH CLICKS

1-4 Rock forward onto right, then replace weight onto left, rock back onto right, then replace

weight onto left

5-8 Touch right to the right side, turn ½ turn to the right as you step right (weight on right), touch

left to left side, replace left next to right

Bump hips forward and back as you move up & down

9-12 Bump forward(up) as you click, bump forward (down) as you click, bump forward(up) as you

click, bump forward (down) as you click

1/2 MONTEREY HIP BUMPS/WITH CLICKS

13-16 Touch right to the right side, turn ½ turn to the right as you step right (weight on right), touch

left to left side, replace left next to right

Bump hips forward and back as you move up & down

17-20 Bump forward(up) as you click, bump forward (down) as you click, bump forward(up) as you click, bump forward (down) as you click

TAG 2

After 6th wall, on main chorus after words 'Athens Grease' ROCKING CHAIR, ½ MONTEREY HIP BUMPS/WITH CLICKS

1-4 Rock forward onto right, then replace weight onto left, rock back onto right, then replace weight onto left

Touch right to the right side, turn ½ turn to the right as you step right (weight on right), touch left to left side, replace left next to right

Bump hips forward and back as you move up & down

9-12 Bump forward(up) as you click, bump forward (down) as you click, bump forward(up) as you

click, bump forward (down) as you click