

# At The Copa

**COPPERKNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Joette Fryman (USA)  
音樂: Copacabana - Barry Manilow



## 4 TOE STRUTS RIGHT SIDE

1-2-3-4      Weight on left foot starting with right foot  
5-6-7-8      4 toe struts to right side - toe heel, toe heel, toe heel, toe heel

## ROCK STEP SAILOR SHUFFLE, ROCK STEP SAILOR SHUFFLE

1-2      Weight on left foot facing forward rock step  
3&4      Right foot to right side recover on left foot right sailor shuffle  
5-6      Weight on right foot rock step left  
7&8      Foot to left side recover on right foot left sailor shuffle

## REPEAT FIRST 16 COUNTS LEFT SIDE

1-2-3-4      Weight on left foot starting with right foot 4 toe  
5-6-7-8      Struts to left side - toe heel, toe heel, toe heel, toe heel  
1-2-3&4      Weight on left foot facing forward  
5-6-7&8      Rock step right foot to right side recover on left foot right sailor shuffle, rock step left foot to left side recover on right foot left sailor shuffle

## ROCK STEP FORWARD, RECOVER, TRIPLE STEP WITH ½ TURN RIGHT - ROCK STEP FORWARD, RECOVER, TRIPLE STEP WITH ½ TURN LEFT

1-2      Weight on left foot rock step forward on right foot  
3&4      Recover back on left foot, triple step with ½  
5-6      Turn right, weight on right foot rock step  
7&8      Forward on left foot recover back on right foot triple step with ½ turn left

## RIGHT KICK BALL CHANGE 2X ¼ TURN LEFT -BODY POSE- HOLD

1&2      Weight on left foot right kick ball change 2x  
3&4      Weight on left foot step forward on right foot  
5-6      Keeping weight on right foot turn ¼ left  
7-8      Recover on left foot - place left hand on left side of waist pointing right foot to right side  
**Extend right arm to right side while pointing index finger & turning head to right side. Body pose is all done at once on count 7. Hold on count 8**

REPEAT