

At The Club

拍數: 36 牆數: 2 級數:
編舞者: William Sevone (UK)
音樂: At the Club - The Drifters



4X FORWARD DIAGONAL TRIPLE STEPS (12:00)

1&2 Triple step diagonally forward left stepping left, right, left
3&4 Triple step diagonally forward right stepping right, left, right
5&6 Triple step diagonally forward left stepping left, right, left
7&8 Triple step diagonally forward right stepping right, left, right

On the above counts, use your hands as if beating a drum or shaking 'maracas'

CROSS STEP, STEP BACKWARD, ¼ LEFT SIDE STEP, ¼ LEFT FORWARD STEP, 2X FORWARD TRIPLE STEP, (6:00)

9-10 Cross step left foot over right, step backward onto right foot
11-12 Turn ¼ left & step left foot to left side, turn ¼ left & step forward onto right foot
13&14 Triple step forward stepping left, right, left
15&16 Triple step forward stepping right, left, right

On counts 13-16: use your hands as if beating a drum or shaking 'maracas'

ROCK FORWARD, ROCK, ½ LEFT STEP FORWARD, 'THE SNAKE', (3:00)

17-18 Rock forward onto left foot, rock onto right foot
19-20 Turn ½ left & step forward onto left foot, turn ¼ left & step right foot to right side
21-22 Cross step left foot behind right, turn ¼ right & step forward onto right foot
23-24 Turn ¼ right & step left foot to left side, cross step right foot behind left

2X SIDE ROCK-ROCK-SYNCOPATED WEAVE, (3:00)

25-26 Rock left foot to left side, rock onto right foot
27&28 Cross step left foot behind right, step right foot next to left, cross step left foot over right
29-30 Rock right foot to right side, rock onto left foot
31&32 Cross step right foot behind left, step left foot next to right, cross step right foot over left

SIDE ROCK, ROCK, ¾ LEFT STEP FORWARD, STEP FORWARD, (6:00)

33-34 Rock left foot to left side, rock onto right foot
35-36 Turn ¾ left & step forward onto left foot, step forward onto right foot

REPEAT

DANCE FINISH

The dance will finish on count 36 of the 10th wall (facing 'home'), just add 'touch hat brim with right hand and left hand on left hip' to count 36

Please remember that the 'triple steps' are not 'shuffles'