

# At First

拍數: 34      牆數: 2      級數: Beginner  
編舞者: Joe Walsh (CAN) & Suzanne Perron (CAN)  
音樂: She's Gonna Leave You With A Smile - George Strait



## HIP BUMPS

1-2      Step right foot to right bumping hips to right twice  
3-4      Bump hips to the left twice  
5-8      Bump hips to the right twice, then to the left twice

## ROCKING CHAIR - ½ PIVOT TO LEFT - TRIPLE STEP ½ TO LEFT

9-10      Step right foot forward; recover weight to the left  
11-12      Step right foot back; recover weight to the left  
13      Step right foot forward  
14      Pivot ½ turn to the left  
15&16      Triple step right-left-right another ½ turn to the left

## ROCK BACK LEFT - SHUFFLE FORWARD - ½ PIVOT LEFT

17-18      Rock left foot back; recover weight to the right foot  
19&20      Shuffle forward left-right-left  
21      Step right foot forward  
22      Pivot ½ turn to the left

## GRAPEVINE RIGHT - GRAPEVINE LEFT - TOUCH - TOUCH

23      Step right foot to the right  
24      Cross step left foot behind right  
25      Step right foot to the right  
26      Touch left foot next to right  
27      Step left foot to the left  
28      Cross step right foot behind the left  
29      Step left foot to the left side  
30      Touch right foot next to left  
31-32      Step right foot to the right side; touch left foot next to right  
33-34      Step left foot to the left side; touch right foot next to left

## REPEAT

When starting the dance, begin dancing with the left hip bumps (3rd count) as the lyrics start. After that, dance as usual.