

Asian Heart

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Chris Hodgson (UK)
音樂: Heart Of Asia (Radio Edit) - Watergate



Start 32 counts after the slow 9 second intro.

STEP-½ TURN / RIGHT KICK-BALL-CHANGE / RIGHT SHUFFLE / HIP SWAYS

1-2 Step forward on right, pivot ½ turn left
3&4 Kick right foot forward, step in place on right, step left next to right
5&6 Shuffle forward on right-left-right
7-8 Step left to left side swaying hips to left, sway hips to right

HIP SWAYS / CHASSE LEFT / STOMP-HOLD / RIGHT COASTER STEP

1-2 Sway hips to left, sway hips to right
3&4 Step left to left side, step right next to left, step left to left side
5-6 Stomp right foot forward (keep weight on left), hold position
7&8 Step back on right, step left next to right, step forward on right

STEP-¼ TURN / HEEL-TOE TOUCHES / CROSS SHUFFLE

1-2 Step forward on left, pivot ¼ turn right
3 Touch left heel diagonally right across right foot
Optional - leaning body slightly back and pushing right palm up, left back of hand down as you do the heel touch
4 Touch left toe back diagonally left
Optional - leaning body slightly forward and pushing left palm up, right back of hand down as you do the toe touch
5-6 Repeat counts 3-4 again
7&8 Cross step left over right, step right to right side, cross step left over right

SIDE ROCK / SAILOR STEP / STEP ½ TURN RIGHT / TRIPLE ½ TURN RIGHT

1-2 Step right to right side, rock weight onto left
3&4 Step right behind left, step left to left side, step right to right side
5-6 Step forward on left, pivot ½ turn right
7&8 Triple ½ turn right on left-right-left

REPEAT

TAG

Danced once only after the 2nd wall

HEEL SWITCHES FORWARD

1& Touch right heel forward, step in place on right
2& Touch left heel forward, step in place on left
3& Touch right heel forward, step in place on right
4& Touch left heel forward, step in place on left