

Arumba

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Neil Hale (USA)
音樂: Does Fort Worth Ever Cross Your Mind - George Strait



Arumba is done with flat feet, but dancers should rise to the ball of the weighted foot during pivots. Steps should be small, and shoulders should remain quiet throughout the dance.

"Out With A Bang" ends with a break on count #7. Dancers should end dance on the 7th count of the beginning of the last round as they step back onto the right foot during the box pattern.

LEFT-BOX STEP:

1-4 Left step side left; right close next to left; left step forward; hold
5-8 Right step side right; left close next to right; right step back; hold

SIDE, CLOSE, ¼ LEFT, HOLD, ROCK, ROCK, ¼ RIGHT, STEP:

1-2 Left step side left; right close next to left
3-4 Left step side left into ¼ turn left; hold
5-6 Right rock-step forward (keep left in place); replace weight back onto left
7-8 Right step back into ¼ turn right; left step next to right

RIGHT-BOX STEP

1-4 Right step side right; left close next to right; right step forward; hold
5-8 Left step side left; right close next to left; left step back; hold

SIDE, CLOSE, ¼ RIGHT, HOLD, ROCK, ROCK, ¼ LEFT, STEP:

1-2 Right step side right; left close next to right
3-4 Right step right into ¼ turn right; hold
5-6 Left rock-step forward (keep right in place); replace weight back onto right
7-8 Left step back into ¼ turn left; right step next to left

¼ LEFT, HOLD, ½ PIVOT LEFT, HOLD, ¼ LEFT, TOUCH, SIDE, CLOSE:

1-2 Left step into ¼ turn left; hold
3-4 Pivot ½ turn left on ball of left as you step back right; hold
5-6 Left step back into ¼ turn left; right touch next to left
7-8 Right step side right; left close next to right (transfer weight left)

¼ RIGHT, HOLD, ½ PIVOT RIGHT, HOLD, ¼ RIGHT. TOUCH, SIDE, CLOSE:

1-2 Right step into ¼ turn right; hold
3-4 Pivot ½ turn right on ball of right as you step back left; hold
5-6 Right step back into ¼ turn right; left touch next to right
7-8 Left step side left; right step next to left (transfer weight right)

LEFT-SIDE, CLAP, CLOSE, CLAP, SIDE, CLAP, TOUCH, CLAP:

1-4 Left step side left; hold & clap; right close next to left; hold & clap
5-8 Left step side left; hold & clap; right close next to left; hold & clap

RIGHT-SIDE, CLAP, CLOSE, CLAP, SIDE, CLAP, TOUCH, CLAP:

1-4 Right step side right; hold & clap; left close next to right; hold & clap
5-8 Right step side right; hold & clap; left touch next to right; hold & clap

REPEAT

