Around The World (Bump-Bump) Triple Swing Mixer (P)



拍數: 38 牆數: 0 級數: Partner

編舞者: Harold R. Glenn (USA) & Margaret Glenn (USA)

音樂: If It Don't Take Two - Shania Twain



Position: Traditional Closed Swing Dance Position- Man Facing out of Circle

BASIC

MAN: Shuffle in place (left, right, left,)

LADY: Shuffle in place (right, left, right,)

MAN: Shuffle in place (right, left, right,)

LADY: Shuffle in place (left, right, left,)

5-6 **MAN:** Rock back on left foot rock forward on right foot

LADY: Rock back on right foot rock forward on left foot

TUCK & TURN

Will change hands to one hand hold at end of this step

1&2 **MAN:** Shuffle in place (left, right, left,)

Man pulls his left hand in toward his left hip

LADY: Step right foot next to left foot turning slightly to the left, step left foot in place, turn

right foot ¼ to the right and step starting a full turn to the right

3&4 Man: shuffle in place (right, left, right)

Lady: shuffle (left, right, left) making a ¾ turn to the right to face man

Lady turns to the right under mans raised left arm. Man raises left arm forward and up. Man and lady changes hands, right hand to right hand

5-6 MAN: Rock back on left foot rock forward on right foot

LADY: Rock back on right foot rock forward on left foot

Partners are facing each other in single right hand shake position man facing out of circle

AROUND THE WORLD

1&2 MAN: Shuffle in place (left, right, left,)

LADY: Shuffle forward (right, left, right,) turning ½ to the left

Man raises right arm to right, then lowers right hand behind back. Lady shuffles under mans right arm, ending up behind and to the right of man

3&4 MAN: Shuffle in place (right, left, right,)

LADY: Shuffle left (left, right, left,)

Man changes lady's right hand into his left hand. Lady shuffles left behind man, facing man's back

5-6 **MAN:** Rock back on left foot rock forward on right foot

LADY: Rock back on right foot rock forward on left foot

1&2 **MAN:** Shuffle in place (left, right, left,)

LADY: Shuffle forward (right, left, right,) turning ½ to the left

Lady shuffles under man's left arm, ending up facing and to the left of man man raises left arm left

3&4 MAN: Shuffle in place (right, left, right,)

LADY: Shuffle left (left, right, left,)

Lady shuffles left in front of man

5-6 **MAN:** Rock back on left foot rock forward on right foot

LADY: Rock back on right foot rock forward on left foot

Partners are now facing each other, man's left hand with lady's right hand. Man facing out of circle

HIP BUMPS

1&2 MAN: Shuffle forward (left, right, left,) turning 1/4 to the right

LADY: Shuffle forward (right, left, right,) turning ½ to the left

Man and lady are now in left open promenade position facing RLOD, man's left hip to lady's right hip with man's left arm and lady's right arm extended forward

3-4 MAN: Bump hips left twice

LADY: Bump hips right twice

5&6 MAN: Shuffle right (right, left, right) turning 1/4 to the left

LADY: Shuffle left (left, right, left,) turning 1/4 to the right

Man and lady facing each other, man facing OLOD, lady facing ILOD 7-8

MAN: Rock back on left foot rock forward on right foot

LADY: Rock back on right foot rock forward on left foot

Repeat hip bumps 1&2,3-4,5&6,7-8

FULL LEFT TURNING SHUFFLE TO NEW PARTNER (NEW PARTNER ON YOUR LEFT)

1&2 MAN: Shuffle (left, right, left,) turning 1/4 to the left

LADY: Shuffle (right, left, right,) turning 1/4 to the left

MAN: Shuffle (right, left, right,) turning ³/₄ to the left

LADY: Shuffle (left, right, left,) turning 3/4 to the left

Man and lady now facing new partner, join man's left hand with lady's right hand

5-6 MAN: Rock back on left foot rock forward on right foot

LADY: Rock back on right foot rock forward on left foot

REPEAT

3&4