

The Armadillo

拍數: 28 牆數: 4 級數: Intermediate
編舞者: Charlie Bowring (UK)
音樂: I'm a Cowboy - Smokin' Armadillos



TRAVELING TOE SWITCHES, ROCK & COASTER STEP

1 Touch right toe forward
& Step right foot in place
2 Touch left toe forward
& Step left foot in place
3&4& Repeat counts 1&2&
5 Rock forward on to right foot
6 Step left foot in place
7 Step right foot back
& Step left foot next to right
8 Step right foot forward

TRAVELING TOE SWITCHES, ROCK & COASTER STEP

9-16 Mirror counts 1-8 starting with left foot

ROCK, ROCK, TURNING TRIPLE STEP, ROCK, ROCK, TURNING TRIPLE STEP

17 Rock forward on to right foot
18 Step left foot in place
19&20 Step in place right, left, right making $\frac{1}{4}$ turn right
21 Rock forward on to left foot
22 Step right foot in place
23&24 Step in place left, right, left making $\frac{1}{4}$ turn left

For more experienced dancers change $\frac{1}{4}$ turns for $\frac{1}{2}$ turns

RIGHT VINE WITH $\frac{1}{4}$ TURN, JUMP, JUMP

25 Step right to right side
26 Cross left behind right
27 Step right to right side
&28 Jump slightly forward landing on both feet twice

REPEAT
