

# Armada Groove

**COPPER** KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sandy Kerrigan (AUS)  
音樂: Hey Mambo (Italiano Mix) - Groove Armada



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## STEP FORWARD, FORWARD, RIGHT SIDE SAMBA CROSS, STEP BACK, BACK, LEFT SIDE SAMBA CROSS

1-2-3&4      Step right forward, step left forward, rock right to side, recover to left, cross right over left  
5-6-7&8      Step left back, step right back, rock left to side, recover to right, rock left over right

## RECOVER, STEP SIDE, RIGHT CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND, ¼ RIGHT, FORWARD

1-2-3&4      Recover to right, step left to side, crossing shuffle stepping right, left, right (12:00)  
5-6-7&8      Rock left to side, recover to right, cross left behind right, turn ¼ right and step right forward, step left forward

## ROCK FORWARD, BACK, QUICK ROCKS, STEP BACK, ½ LEFT STEP FORWARD, LOCK SHUFFLE

1-2&3&4      Rock right forward, recover to left, rock right back, recover to left, rock right forward, recover to left (3:00)  
5-6-7&8      Step right back, turning ½ left and step left forward, step right forward, lock left behind right, step right forward (9:00)

## STEP FORWARD, STEP FORWARD, LEFT FORWARD COASTER, ½ RIGHT FORWARD, ½ RIGHT BACK, ½ TURN RIGHT WITH TRIPLE STEP, STEP LEFT FORWARD

1-2-3&4      Step left forward, step right forward, step left forward, step right together, step left back  
5-6      Turn ½ right and step right forward, turn ½ right and step left back (9:00)  
7&8&      Triple in place turning ½ right stepping right, left, right, step left forward (3:00)

**REPEAT**

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