The Arizona Amble

級數: Improver

編舞者: Hillingdon Hillbillies (UK)

音樂: Honey, I'm Home - Shania Twain

牆數:4

STEP, COASTER, HEEL SWIVELS

拍數: 32

- 1-2 Step forward on right foot, hitch left leg
- 3&4 Left coaster step
- 5&6 Stamp right foot forward in front of left foot and move heels out and in
- 7&8 Stamp left foot forward in front of right foot and move heels out and in

MONTEREY TURN, LOCK, HEEL SWIVELS

- 1-2 Touch right foot to right side, ¹/₂ turn on ball of left foot over right shoulder
- 3-4 Touch left foot to left side, hitch left leg
- 5&6 Step forward with left foot, lock right foot behind left and step forward with left foot
- 7&8 Stamp right foot forward, in front of left foot and move heels out and in

HEEL SWIVELS, MONTEREY ¼ TURN, BOX, HEEL SWIVELS

- 1&2 Stamp left foot forward in front of right foot and move heels out and in
- 3& Touch right foot out to right side, turn ¼ on ball of left foot over right shoulder
- 4& Touch left foot to left side, hitch left leg
- 5&6& Cross left over right, step back with right, step left with left and bring right foot next to left
- 7&8 Move heels, toes and heels to left

HEEL SWIVELS, SAILOR STEPS, WALK

- 1&2 Move heels, toes and heels to right
- 3&4 Step right foot behind left foot, step left foot to left side and step right foot in place
- 5&6 Step left foot behind right foot, step right foot to right side and step left foot in place
- 7-8 Walk forward right, left with attitude

REPEAT





級事