

拍數: 32 牆數: 4 級數: Intermediate

編舞者: Nicola Glenc (UK)

音樂: There Is No Arizona - Jamie O'Neal



This dance came 2nd in the British Masters In Line competition in Blackpool, December 2002

ROCK & SIDE, WEAVE & RONDE, BEHIND, 1/4 TURN LEFT, STEP, PIVOT 1/2 TURN

1&2 (QQS) Rock back on right foot, replace weight forward on left, step right to right side, sliding

left to right

3&4 (QQS) Cross left over right, step right to right side, step left foot crossed behind right, and at

the same time sweep right foot forward and out to right side

5&6 (QQS) Step right foot crossed behind left, step left foot forward ¼ turn left, step right foot

forward

7-8 (SS) Step forward left, pivot ½ turn right, (weight ends on right)

FULL SPIN, WALK LEFT-RIGHT, TRIPLE TURN, ROCK BACK & SIDE, TOGETHER

1& Step forward on left, making ½ turn right, step back on right, making ½ turn right

If you don't want to do the turn, it's easy; just do two quick walks forward, left (1), right (&)

2-3 Walk forward left, walk forward right

4&5 Triple step forward left-right-left, making 1 & ½ turns right,

This can be easy too if you don't want to do the turn; shuffle ½ turn right; stepping left (4,) right (&), left (5)

6&7&8 Rock back on right foot, replace weight forward on left, rock right on right foot, replace weight

on left, step together on right

ROCK, HOOK, SHUFFLE LEADING LEFT THEN RIGHT

1-2& Rock forward on left, replace weight back on right, hook left over right shin

3&4 Step forward left, close right to left, step forward left

5-6 Rock forward on right, replace weight back on left, hook right over left shin,

7&8 Step forward on right, close left to right, step forward right

CROSS ROCK 1/4 TURN, CROSS, HINGE 1/2 TURN, STEP 1/4, SWAY; LEFT-RIGHT, STEP, DRAG

1&2 Cross rock left over right, replace weight back on right, step 1/4 left on left

3&4 Cross rock right foot over left, step left to left side, ½ hinge turn left, step right foot forward ¼

turn right

Again if you don't like turns just do a sailor ¼ turn left stepping; right behind left (3), step forward left, making ¼ turn left (&), step right beside left (4)

5-6 Sway hips left, sway hips right

7-8 Step left to left side, dragging right to left, touch right beside left

REPEAT

This dance is a night club two-step, which has a timing of Quick, Quick, Slow. The emphasis is mainly on the slow, when saying it out loud it is Quick, Quick, Sloooowwwww