

Are You Ready?

COPPER **KNOB**
BY STEPHENETS

拍數: 80 牆數: 2 級數: Intermediate
編舞者: Jacquie Berkhout
音樂: Blueboy - John Fogerty



Start facing 1/4 turn to right with right foot in front of left

HEEL TAPS, ¼ TURN LEFT, WALK FORWARD, SAILOR SHUFFLES, KICK BALL CHANGE, STEP TURN ¾

1-4 Four heel taps on the spot turning slowly ¼ left (optional air punches)
5-8 Walk/stride forward right-left-right-left

RIGHT & LEFT SAILOR SHUFFLES, KICK BALL CHANGE, STEP TURN ¾

1&2 Step right behind left, left to left side, replace right
3&4 Step left behind right, right to right side, replace left
5&6 Kick right across left, step right beside left, step left beside right
7-8 Step right forward, making ¾ turn to left taking weight on left

SIDE SHUFFLE, STEP BACK, RETURN, HEEL BALL CROSS, HEEL BALL CROSS

1&2 Step right to right side, step left beside right, step right to right side
3-4 Step left behind right (angle body to left diagonal), step forward on right
5&6 Traveling left (still with body on diagonal) touch left heel at 45 degrees, step left next to right, step right over left
7&8 Repeat counts 5&6

STOMP, HOLD, SWIVEL LEFT, HOLD, SWIVEL RIGHT, HOLD, SWIVEL LEFT-RIGHT, SHIMMY

1-4 Stomp left to left, hold, swivel both heels left, hold
5-6 Swivel both heels right-left
7&8 Shimmy shoulders on the beat right-left-right (styling note: turn body 45 degrees left & right when swiveling. You should now be facing a corner for the next 32 counts of the dance)

SHUFFLE ON DIAGONAL LEFT, STEP HALF TURN LEFT, STEP HALF TURN LEFT, SHUFFLE ROCK FORWARD AND RECOVER

1&2 Shuffle forward right-left-right
3-4 Step forward on left making ½ turn left, step back on right making a ½ turn left
5&6 Shuffle forward left-right-left
7-8 Rock/step forward on right, rock/step back on left

SHUFFLE BACKWARDS ON DIAGONAL RIGHT, ½ TURN, FULL TURN SHUFFLE, KICK BALL CHANGE

1&2 Shuffle back right-left-right
3-4 Making ½ turn left step forward left, making ½ turn left, step back right
5&6 Making ½ turn left step forward left-right-left
7&8 Kick right forward, step right beside left, step left beside right

KICK, KICK, STEP, STEP, SCUFF, SHUFFLE, SCUFF STEP

1-2 Kick right foot forward, kick right foot forward
&3-4 Step right beside left, step left beside right, scuff right forward
5&6 Shuffle right-left-right
7-8 Scuff left, stomp left forward

STOMP BALL CHANGE, STOMP BALL CHANGE, SHUFFLE, SHUFFLE

1-2 Stomp right forward, step left beside right

- &3-4 Step left back, step forward right, step left beside right
5&6 Shuffle forward right-left-right (angle body slightly right with right hand lasso)
7&8 Shuffle forward left-right-left (angle body slightly left with left hand lasso)

STEP, SCUFF/TURN, STEP, SCUFF/TURN, FOOT SWIVELS FORWARD RIGHT-LEFT-RIGHT-LEFT

- 1-4 Step forward right, scuff left forward in an arc making $\frac{1}{2}$ turn left, step forward left, scuff right forward in an arc making $\frac{1}{4}$ turn left
5-8 Step right forward 45 degrees, step left forward 45 degrees (these should be done as a swivel on the balls of both feet), repeat

ROCK RIGHT, $\frac{1}{4}$ LEFT, FULL TURN TRIPLE STEP, SHUFFLE KICK BALL CHANGE

- 1-2 Rock/step right to right, making $\frac{1}{4}$ turn left replace weight on left
3&4 Making a full turn left step right-left-right
5&6 Shuffle forward left-right-left
7&8 Kick right forward, step right beside left, step left beside right

REPEAT

TAG

On the third wall, dance only counts 1-64, then restart.
