

Are You Ready To Rumba? (P)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Partner dance
編舞者: Larry Carriger (USA) & Jody Carriger (USA)
音樂: Mama Likes To Reggae - The Bellamy Brothers



Position: Closed Position

CUBAN ROCKS

- 1-4 **MAN:** Step forward left, hold, step forward right, step back left
 LADY: Step back right, hold, step back left, step forward right
- 5-8 **MAN:** Step back right, hold, step back left, step forward right
 LADY: Step forward left, hold, step forward right, step back left

LADY TURNS; PARALLEL CROSSES

- 9-12 **MAN:** Step left, hold, step right behind left, step left in place (man drops his right hand, lady drops her left)
 LADY: Step right, hold, (turning under raised hands, man's left, lady's right) step left turning ½ right, step right, turning ½ right (facing each other, palm to palm)
- 13-16 **MAN:** Step right, hold, (turning 1/8 right) step left over right, step back right
 LADY: Step left, hold, (turning 1/8 right) step right behind left, step forward left

PARALLEL CROSSES; OPEN UP SIDE BREAK

- 17-20 **MAN:** Step left, hold, (turning 1/8 left) step right over left, step back left
 LADY: Step right, hold, (turning 1/8 left) step left behind right, step forward right
- 21-24 **MAN:** (Turning 1/8 right) step right, hold, (drop lady's left hand) (turning ¼ right) step left over right, step back on right
 LADY: (Turning 1/8 right) step left, hold, (drop man's right hand) (turning ¼ left) step right over left, step back on left

LADY TURNS; 5TH POSITION BREAKS

- 25-28 **MAN:** (Turning ¼ left) step left, hold, step right behind left, step left in place
 LADY: (Turning ¼ right) step right, hold, step left (turning ½ right under lady's right arm) step right (turning ½ right under raised arms)
 BOTH: (Dropping man's left, lady's right; man put right arm around lady's back; lady puts left arm around man's back)
- 29-32 **MAN:** Step right, hold, (turning ¼ left) step back left, step forward right
 LADY: Step left, hold, (turning ¼ right) step back right, step forward left

5TH POSITION BREAKS

- 33-36 **MAN:** (Turning ¼ right) step left, hold, (turning ¼ right) step back right, step forward left (dropping man's right arm, put left arm around lady's back)
 LADY: (Turning ¼ left) step right, hold, (turning ¼ left) step back left, step forward right (dropping lady's left arm, put right arm around man's back)
- 37-40 **MAN:** (Turning ¼ left) step right, hold, (turning ¼ left) step back left, step forward right (dropping man's left arm, put right arm around lady's back)
 LADY: (Turning ¼ right) step left, hold, (turning ¼ right) step back right, step forward left (dropping lady's right arm, put left arm around man's back)

LADY'S CROSS IN FRONT; CROSS BODY PASS

- 41-44 **MAN:** Step forward left, hold, step right, step left next to right (man picks up lady's right hand in his left and pulls her in front of him into closed position)
 LADY: Large step forward right, (passing in front of man, turning ½ left) hold, step left, step right next to left (now in front of man, in closed position)

45-48

MAN: Step right, hold, step back left (turning $\frac{1}{4}$ left) step forward right (turning $\frac{1}{4}$ left, man lowers his left hand to waist height)

Lady's; step left, hold, step forward right, (turning $\frac{1}{2}$ left) step left next to right (lady passes in front of man back into closed position, start dance over facing new wall)

REPEAT
