

Are You Ready

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Craig Cooke (UK)
音樂: Are You Ready For Love? - Elton John



TOUCH & HEEL STEP ½ TURN TWICE

1&2 Touch right toe into left instep, step back onto right foot, and place left heel forward
& Step forward onto left
3-4 Step forward onto right pivot ½ turn left
5&6 Touch right toe into left instep, step back onto right foot, and place left heel forward
& Step forward onto left
7-8 Step forward onto right pivot ½ turn left

ROCK AND CROSS TWICE, CHASSE TO SIDE CROSS UNWIND

1&2 Rock right-to-right side recover to left and step right over left
3&4 Rock left-to-left side recover to right step left over right
5&6 Step right to right side, step left next to right, step right to right side
7-8 Cross left over right & unwind full turn

CHASSE TO LEFT, CROSS UNWIND, KICK & TOUCH, KICK AND TOUCH

1&2 Step left to left side, step right next to left, step left to left side
3-4 Cross right over left unwind full turn
5&6 Kick right foot forward, step right in place, point left to left side
7&8 Kick left foot forward, step left in place, point right to right side

PADDLE TURN, ROCK AND TRIPLE ½ TURN

1-2 Step right foot slightly to side and turn 1/8 turn to left
3-4 Step right foot slightly to side and turn 1/8 turn left (making ¼ turn overall)
5-6 Rock forward onto right foot, rock back onto left
7&8 Make triple half turn stepping right left right

STEP FORWARD, TURN ½ TURN SHUFFLE FORWARD, KICK AND CROSS, SIDE ROCK

1-2 Step forward onto left pivot ½ turn to right
3&4 Step forward onto left foot, step right next to left, and step forward onto left
5&6 Kick right to right side step right in place and cross left over right
7-8 Rock right to right side, recover onto left

RIGHT SAILOR STEP, LEFT SAILOR STEP, 2 X ½ PIVOT TURNS

1&2 Step right behind left, step left to left side, step right to right side
3&4 Step left behind right, step right to right side, step left to left side
5-6 Step forward onto right foot pivot ½ turn left
7-8 Step forward onto right foot pivot ½ turn left

REPEAT
