

Are Y'all Ready To Party?

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Gary Bray (UK)
音樂: Hey Mama (Radio Edit) - Black Eyed Peas



KNEE ROLL, KNEE ROLL, CHASSE, HITCH, ¼ SAILOR TURN, STEP ½ PIVOT, FULL TURN

1 Step right to right rolling right knee to the right
2 Step left to left rolling left knee to the left
3&4& Step right to right, step left beside right, step right to right, hitch left
5&6 Step left behind right, step right to right, turn ¼ left step left forward
7&8& Step right forward, pivot ½ left, turn ½ left step right back, turn ½ left step left forward

CROSS ROCK ¼ TURN, POINT & POINT & SWITCH, ½ MONTEREY, ROCKING CHAIR

9&10 Cross right over left, recover weight to left, turn ¼ right step right to right
11&12& Point left to left, touch left beside right, point left to left, step left beside right
13-14 Point right to right, turn ½ right step right beside left
15&16& Rock left forward, recover to right, rock back left, recover to right

KICK BALL POINT, STEP ½ PIVOT STEP, ½ TURN, BACK LOCK BACK, COASTER CROSS ¼ TURN

17&18 Kick left forward, step left beside right, point right to right
19&20& Step right forward, ½ pivot left, step right forward, turn ½ left on right foot
21&22 Step left back, cross right over left, step left back
23&24 Step right back, step left beside right, turn ¼ right cross right over left

SIDE BEHIND ¼ STEP, MAMBO STEP, BACK LOCK BACK, ¼ STEP, KICK, ½ SWEEP

25&26 Step left to left, step right behind left, turn ¼ left step left forward
27&28 Step right forward, recover weight to left, step right back
29&30 Step left back, cross right over left, step left back
&31-32 Turn ¼ right step right to right, kick left to left, turn ½ left sweep left from front to back

SAILOR STEP, FULL TURN, STEP ¼ PIVOT, KICK CROSS SIDE, CROSS SHUFFLE, ¼ STEP

33&34 Step left behind right, step right to right, step left to left
35&36& Turn ½ left step right back, turn ½ left step left forward, step right forward, pivot ¼ left
37&38 Kick right over left, step right over left, step left to left
39&40& Cross right over left, step left to left, cross right over left, turn ¼ left step left forward

WALK, WALK, SCUFF, HITCH STEP, 1½ TURN SHUFFLE, POINT BALL STEP

41-42 Step right forward, step left forward
43&44 Scuff right beside left, hitch right knee, step right back
45&46 Turn ½ left step left forward, turn ½ left step right back, turn ½ left step left forward
47&48 Point right forward, step right back, step left forward

SHUFFLE, ¼ SIDE, BEHIND, SIDE, CROSS, ¼ STEP, ¼ KICK, CROSS, FULL TURN SHUFFLE

49&50 Step right forward, step left beside right, step right forward
&51&52 Turn ¼ right step left to left, step right behind left, step left to left, cross right over left
&53-54 Turn ¼ left step left forward, turn ¼ left kick right to right, cross right over left
55&56 Turn ¼ right step left back, turn ½ right step right forward, turn ¼ right step left to left

SAILOR STEP, STEP ½ PIVOT STEP, STEP, ¾ TURN HITCH, FULL TURN SHUFFLE

57&58 Step right behind left, step left to left, step right to right
59&60 Step left forward, pivot ½ right, step left forward

61-62

Step right forward, turn $\frac{3}{4}$ right hitch left knee

63&64

Turn $\frac{1}{4}$ left step left forward, turn $\frac{1}{2}$ left step right back, turn $\frac{1}{4}$ left step left to left

REPEAT
