

Ardi's (Party) Ballet

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Roy East (UK)
音樂: To Be with You - The Mavericks



HEEL SPLITS (2X), OUT, OUT, CROSS, CROSS

- 1-4 With feet together split heels out, to center, out, to center
- 5-6 Step right foot to right, step left foot to left
- 7-8 Cross-step right foot over left foot, step left foot slightly to right

RAISE HEELS, LOWER, RAISE, LOWER, ½ LEFT, STEP RIGHT-LEFT

- 1-2 Raise heels, lower heels
- 3-4 Raise heels, lower heels
- 5-6 Raise heels and swivel on toes ½ to the left in 2 counts (unwind)
- 7-8 Step right foot next to left foot, step left foot in place

OUT, OUT, CROSS, CROSS, RAISE HEELS, LOWER, RAISE, LOWER

- 1-2 Step right foot to right, step left foot to left
- 3-4 Cross-step right foot over left foot, step left foot slightly to right
- 5-6 Raise heels, lower heels
- 7-8 Raise heels, lower heels

½ LEFT, STEP RIGHT-LEFT, RIGHT KNEE BEND VINE 6

- 1-2 Raise heels and swivel on toes ½ to the left in 2 counts (unwind)
- 3-4 Step right foot next to left foot, step left foot in place
- 5-6 Step right foot to right, cross-step left foot behind right foot while bending knees
- 7-8 Straighten knees and step right foot to right, cross-step left foot behind right foot while bending knees
- 9-10 Repeat counts 7-8

OUT, LEFT KNEE-BEND VINE 7

- 1 Step right foot to right side
- 2-3 Step left foot to left, cross-step right foot behind left foot while bending knees
- 4-5 Straighten knees and step left foot to left, cross-step right foot behind left foot while bending knees
- 6-7 Repeat counts 4-5
- 8 Step left foot to left side

STEP-CLOSE TO RIGHT, TOE OUT, IN, OUT AND TURN

- 1-2 Step right foot to right, step left foot next to right foot
- 3-4 Lift right toe up and out to right side, touch right toe to inside of left shin
- 5-6 Lift right toe up and out to right turning ¼ to the left on left foot, step right foot next to left foot (weight on left foot)

REPEAT