

Arcadia

COPPER **NOB**
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Pauline Morgan (UK)
音樂: Ride On Into The Sunset - Barry Upton & Wild At Heart



RIGHT FORWARD, SIDE, BEHIND, UNWIND, LEFT FORWARD, SIDE, BEHIND, UNWIND

- 1-2 Touch right toe forward, touch right to right side
3-4 Touch right behind left, unwind ½ turn right
5-6 Touch left toe forward, touch left to left side
7-8 Touch left behind right, unwind ½ turn left

RIGHT SIDE HOOK, SLAPS, RIGHT SHIMMY

- 9-10 Touch right toe to right side, hook right behind left leg and slap right heel with left hand
11-12 Touch right toe to right side, hook right behind left leg and slap right heel with left hand
13 Step right to right side (big step)
14-15 Slide left beside right as you shimmy shoulders for 3 beats
16 Clap hands

LEFT SIDE HOOK, SLAPS, LEFT SHIMMY

- 17-18 Touch left toe to left side, hook left behind right leg and slap left heel with right hand
19-20 Touch left toe to left side, hook left behind right leg and slap left heel with right hand
21 Step left to left side (big step)
22-23 Slide right beside left as you shimmy shoulders for 3 beats
24 Clap hands

RIGHT FORWARD SHIMMY, CLAP, LEFT BACKWARD SHIMMY, CLAP

- 25 Step right forward (big step)
26-27 Slide left beside right as you shimmy shoulders for 3 beats
28 Clap hands
29 Step left back (big step)
30-31 Slide right beside left as you shimmy shoulders for 3 beats
32 Clap hands

RIGHT SIDE, BEHIND, SIDE, BEHIND, OUT, OUT, SWIVET

- 33-34 Step right to right side, cross left behind right
35-36 Step right to right side, cross left behind right
37-38 Step right to right side, step left to left side (shoulder width apart)
39-40 On heel of right & toe of left - swivel right (39) then center (40)

LEFT SIDE, BEHIND, SIDE, BEHIND, OUT, OUT, SWIVET

- 41-42 Step left to left side, cross right behind left
43-44 Step left to left side, cross right behind left
45-46 Step left to left side, step right to right side (shoulder width apart)
47-48 On heel of left & toe of right - swivel left (47) then center (48)

RIGHT BOX STEP, RIGHT BOX STEP WITH ¼ TURN

- 49-52 Cross right over left, step left back, step right to right side, step left beside right
53-56 Cross right over left, step left back, step right ¼ turn right, stomp left beside right

RIGHT BRUSH, SCUFF, BRUSH, STEP, LEFT, BRUSH, SCUFF, BRUSH, STEP

- 57-60 Brush right forward, scuff right across left leg, brush right forward, step right forward

61-64

Brush left forward, scuff left across right leg, brush left forward, step left forward

REPEAT
