

# Arcadia

**COPPER** **NOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數: Improver  
編舞者: Pauline Morgan (UK)  
音樂: Ride On Into The Sunset - Barry Upton & Wild At Heart



## RIGHT FORWARD, SIDE, BEHIND, UNWIND, LEFT FORWARD, SIDE, BEHIND, UNWIND

- 1-2      Touch right toe forward, touch right to right side
- 3-4      Touch right behind left, unwind ½ turn right
- 5-6      Touch left toe forward, touch left to left side
- 7-8      Touch left behind right, unwind ½ turn left

## RIGHT SIDE HOOK, SLAPS, RIGHT SHIMMY

- 9-10      Touch right toe to right side, hook right behind left leg and slap right heel with left hand
- 11-12      Touch right toe to right side, hook right behind left leg and slap right heel with left hand
- 13      Step right to right side (big step)
- 14-15      Slide left beside right as you shimmy shoulders for 3 beats
- 16      Clap hands

## LEFT SIDE HOOK, SLAPS, LEFT SHIMMY

- 17-18      Touch left toe to left side, hook left behind right leg and slap left heel with right hand
- 19-20      Touch left toe to left side, hook left behind right leg and slap left heel with right hand
- 21      Step left to left side (big step)
- 22-23      Slide right beside left as you shimmy shoulders for 3 beats
- 24      Clap hands

## RIGHT FORWARD SHIMMY, CLAP, LEFT BACKWARD SHIMMY, CLAP

- 25      Step right forward (big step)
- 26-27      Slide left beside right as you shimmy shoulders for 3 beats
- 28      Clap hands
- 29      Step left back (big step)
- 30-31      Slide right beside left as you shimmy shoulders for 3 beats
- 32      Clap hands

## RIGHT SIDE, BEHIND, SIDE, BEHIND, OUT, OUT, SWIVET

- 33-34      Step right to right side, cross left behind right
- 35-36      Step right to right side, cross left behind right
- 37-38      Step right to right side, step left to left side (shoulder width apart)
- 39-40      On heel of right & toe of left - swivel right (39) then center (40)

## LEFT SIDE, BEHIND, SIDE, BEHIND, OUT, OUT, SWIVET

- 41-42      Step left to left side, cross right behind left
- 43-44      Step left to left side, cross right behind left
- 45-46      Step left to left side, step right to right side (shoulder width apart)
- 47-48      On heel of left & toe of right - swivel left (47) then center (48)

## RIGHT BOX STEP, RIGHT BOX STEP WITH ¼ TURN

- 49-52      Cross right over left, step left back, step right to right side, step left beside right
- 53-56      Cross right over left, step left back, step right ¼ turn right, stomp left beside right

## RIGHT BRUSH, SCUFF, BRUSH, STEP, LEFT, BRUSH, SCUFF, BRUSH, STEP

- 57-60      Brush right forward, scuff right across left leg, brush right forward, step right forward

61-64

Brush left forward, scuff left across right leg, brush left forward, step left forward

**REPEAT**

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