

Arabic Nights

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Louise Elfvengren (NOR)
音樂: On A Lebanese Night - Chris De Burgh



LOCK STEP RIGHT AND LEFT, MAMBO ROCK FORWARD AND BACK

1&2 Step forward right, lock left behind right
3&4 Step forward left, lock right behind left
5&6 Rock forward right, recover
7&8 Rock backwards left, recover

¼ TURN ROCK & CROSS RIGHT AND LEFT, STEP TURN ½ & TRIPLE TURN

1&2 Rock right while turning ¼ left and cross right over left foot
3&4 Rock left and cross over right foot
5&6 Step right forward and turn ½ and step left forward and hold
7&8 Make ½ turn left stepping right left right

ROCK AND CROSS SHUFFLES

1&2& Rock right, recover onto left, cross right over left, step left to left
3&4 Cross right over left, step left to left, cross right over left
5&6& Rock left, recover onto right, cross left over right, step right to right
7&8 Cross left over right, step right to right, cross left over right

STEP TURN ½, FULL TURN AND SAILOR STEPS

1&2 Step right forward and turn ½ and step left forward and hold
3&4 Make ½ turn left stepping right left right
5&6& Rock right and recover, cross right behind left, rock left
7&8 Recover onto right foot, cross left behind right and recover

REPEAT

TAG

After count 24 of wall 3 and at the end of wall 4, then restart

STEP AND TURN X 4, SIDE ROCKS TWICE

1&2 Step right forward, turn ½ step onto right and hold
3&4 Step left forward, turn ½ step onto left and hold
5&6 Step right forward, turn ½ step onto right and hold
7&8 Step left forward, turn ½ step onto left and hold
9&10 Rock left and recover
11&12 Rock right and recover