

Arabian Nights

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Marthe Thibeault (CAN)
音樂: 1001 Arabian Nights - Chipz



RIGHT SAILOR, BALL STEP, STEP TOGETHER, RIGHT CHASSE, ROCK RECOVER

1&2 Cross right behind left, step left together, step right to side
&3-4 Step left together, step right to side, step left together
5&6 Step right to side, step left together, step right to side
7-8 Rock left forward, recover onto right

BALL STEP FORWARD, TURN ½ LEFT, STEP TOUCH, SHOULDER ISOLATIONS

&1-2 Step left together, step right forward, turn ½ left (weight to left)
3-4 Step right forward, touch left forward

Both knees slightly bent

5-6 Hold, hold

On counts 5-6, push right shoulder forward and left shoulder back, push left shoulder forward and right shoulder back

7-8 Repeat counts 5-6

Arms are out to side during shoulder isolations

JAZZ BOX ¼ LEFT, TOUCH, FORWARD RIGHT SHUFFLE, FULL TURN RIGHT

1-2 Turn ¼ left and cross left over right, step right back
3-4 Step left to side, touch right together
5&6 Step right forward, step left together, step right forward
7-8 Turn ½ right and step left back, turn ½ right and step right forward

TURN ¼ RIGHT, CROSS SHUFFLE, STEP TOUCH, STEP TOUCH

1-2 Step left forward, turn ¼ right and step right to side
3&4 Cross left over right, step right to side, cross left over right
5-6 Step right to side, touch left together
7-8 Step left to side, touch right together

ROCK RECOVER, RIGHT COASTER, LEFT ROCK AND TOUCH, LEFT ROCK & STEP

1-2 Rock right forward, recover onto left
3&4 Step right back, step left together, step right forward
5&6 Rock left to side, recover on right, touch left together
7&8 Rock left to side, recover on right, step left together

HIP ROLLS TRAVELING RIGHT TOUCH, HIP ROLLS TRAVELING LEFT TOUCH

1-2 Step right to side, step left together

Hips rotating to the right

3-4 Step right to side, touch left together

Hips rotating to the right

5-6 Step left to side, step right together

Hips rotating to the left

7-8 Step left to side, touch right slightly forward

Hips rotating to the left

Optional arms for above 8 counts: when traveling right, place left hand behind your head and right arm out to side. When traveling left, place right hand behind your head and left arm out to side

REPEAT

After the 16th beat start the dance with 33-48 counts twice and add tag 1 end of it

TAG 1

After the 1st wall and the 5th wall

TAG 2

After the 3rd wall

RESTART

After the walls 2-4 and 6 repeat the 33-48 counts then restart the dance

After the wall 6 restarting finishes do the tag-1 3 times to finish the dance

TAG

1-4: Four-count hip drops

TAG

1-8: Eight-count hip drops
