

Arabian Nights

拍數: 48 牆數: 4 級數: Beginner
編舞者: Suzie Jacob (UK)
音樂: Ojos Así - Shakira



TOES SWITCHES WITH CLAP

1& Touch right to right, step right beside left
2& Touch left toe to left side, step left beside right
3-4 Touch right toe to right side and clap
&5 Touch left toe to left, step left beside right
&6 Touch right toe to right, step right beside left
&7-8 Touch left toe to left and clap

WALK FORWARD WITH HIP BUMPS

1&2 Step forward on left foot bumping hips left, right, left
3&4 Step forward with right foot bumping hips right left right
5&6 Step forward left bumping hips left right left
7&8 Step forward right foot bumping hips right left right

SHUFFLE BACK X4

1&2 Right shuffle back
3&4 Left shuffle back
5&6 Right shuffle back
7&8 Left shuffle back

ROCK-CHASSE

1&2 Rock back on right, recover
3&4 Chasse to right (right left right)
5&6 Rock back on left, recover on right
7&8 Chasse to left

SHIMMY TO THE RIGHT, SIDE STEPS

1-4 Shimmy to right
5-8 Step left to left, right touch beside left, step left to left, right touch beside left

RIGHT VINE ¼ TURN AND HEEL TAPS

1-4 Right vine with ¼ turn
5-6 Right heel taps (with attitude- hands stretch out)
7-8 Left heel taps (with attitude - hands stretch out)

REPEAT
