

Aquarius

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: John Robinson (USA)
音樂: Aquarius - Aqua

級數: Intermediate



Sequence: 32, 24, 32, 32, 24, 32&4, 32, 24, 16

The dance should flow beautifully with a bit of rise and fall. Use your arms and head for interpretive styling

BRUSH & STEP, 1 ½ TURN LEFT WITH TOE POINT, STEP LIFTS, CROSS TRIPLE

- 1&2& Rising on ball of left, brush ball of right foot forward, bending knees to lower slightly step right foot forward, left step turning toe out prepping for left turn, pivot ½ left (to 6:00) stepping right foot back
- 3&4 Pivot ½ left (to 12:00) stepping left foot forward, pivot ½ left (to 6:00) stepping right foot back, point left toe forward
- 5&6& Step left forward, right lift behind left leg, step right back, left lift in front of right leg
- Angling body to 9:00**
- 7&8 Left step side left, right step across left, left step side left

CROSS TRIPLE WITH SWEEP, CROSS TRIPLE WITH SWEEP, SWEEP WALKS, FORWARD PRESS, RECOVER, ½ TURN RIGHT

- 1&2 Right step across left, left step side left, right step across left, sweeping left out and around to the right preparing to cross over right
- 3&4 Left step across right, right step side right, left step across right sweeping right out and around to the left preparing to cross over left
- 5-6 Right sweep step forward across left, left sweep step forward across right
- 7&8 Right press forward ball of foot, recover to left, pivot ½ right (to 3:00) stepping right forward

SIDE BALL CROSS, SIDE BALL CROSS, SIDE BALL CROSS & TURN, QUICK HIP SWAY

- 1&2 Left step ball of foot side left, right step ball of foot in place, left step across right
- 3&4 Right step ball of foot side right, left step ball of foot in place, right step across left
- 5&6& Left step ball of foot side left, right step ball of foot in place, left step across right turning toes left prepping for turn, pivot ¼ left (to 12:00) stepping right back
- 7&8 Pivot ¼ left (to 9:00) stepping left side left and swaying hips left, sway hips right-left

SIDE, ROCK-STEP, SIDE, ROCK-STEP, SIDE, BEHIND, UNWIND FULL TURN LEFT

- 1-2& Right step side right, left rock ball of foot behind right, recover to right
- 3-4& Left step side left, right rock ball of foot behind, recover to left
- 5-6 Right step side right, left toe touch behind right
- 7-8 Unwind full turn left placing weight on left

REPEAT

RESTART

Do the entire dance once. Start the next repetition and when you finish the quick sway at the end of the third 8, the chorus will begin. Start over and complete another full repetition (that's 32, 24, 32). Repeat (32, 24, 32), then hold for 4 counts (feel free to add arm styling here). Now you have one set left: another 32, 24, begin the final 32 and you'll get halfway through when the song ends, so finish with the press and turn (last 2 counts of second set of 8) turning ¼ right (instead of ½) to face the front (12:00). Then hold, raising arms slowly as the music fades