

Applejack's Hornpipe

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Glynn Rodgers (UK)
音樂: Siamsa - Ronan Hardiman



HEEL GRIND, VAUDEVILLE, HEEL GRIND, VAUDEVILLE

1-2 Dig right heel forward, grind heel moving toes right, crossing left foot over right
&3 Step diagonally back right, dig left heel diagonally forward
&4 Step left back to place, cross right over left
5-6 Dig left heel forward, grind heel moving toes left, crossing right foot over left
&7 Step diagonally back left, dig right heel diagonally forward
&8 Step right back to place, cross left over right

On counts 1-2 and 5-6 you can lift yourself slightly higher as you grind your heel

"DRUNKEN" SAILOR STEPS, CHASSE TURN, PIVOT TURN

1-2& Stomp (step) right to right side, step left behind right, step right slightly to right side
3-4& Stomp (step) left to left side, step right behind left, step left slightly to left side
5&6 Step right to right side, close left to right, step right to right side turning ¼ right
7-8 Step forward left, pivot ½ turn right

On counts 1-4, you can rock your body from side to side slightly if you wish to add emphasis to the "drunken" sailor steps

SHUFFLE, ROCK, RECOVER, BACK JUMPS WITH TOE TAPS TWICE

1&2 Step forward left, close right to left, step forward left
3-4 Rock forward right, recover weight onto left
&5-6 Step (jump) back right, tap left toe across right foot twice
&7-8 Step (jump) back left, tap right toe across left foot twice

On counts 5-8 you can cross your arms at chest height if you wish

JUMP FORWARD, JUMP BACK, CROSS, UNWIND, APPLEJACKS/FOOT FANS

1 Jump forward, with both feet together
2 Jump back, with feet shoulder width apart
3-4 Jump feet together crossing right in-front, left behind, unwind ½ turn left
5& On ball of right foot and heel of left, swivel right and left to the left, return to center
6& On ball of left foot and heel of right, swivel left and right to the right, return to center
7& Repeat counts 5&
8& Repeat counts 6&

On counts 5-8 you can put your hands on your hips to give the dance that "Irish feel"

Option: counts 5-8 can be replace with heel fans left-right-left-right for an easier option, or swivets

SIDE, HOLD, CHASSE, ROCK, HEEL-BALL CROSS

1-2 Step right to right side, hold
& Close left to right
3&4 Step right to right side, close left to right, step right to right side
5-6 Rock back left, recover weight onto right
7&8 Dig left heel forward, step left to place, cross right over left

On counts 1-4 you can extend left arm out to left side and cross right arm straight across the chest

SYNCOPATED TOE TOUCHES AND HEEL SWITCHES

1&2 Point left toe to left side, on ball of right turn ½ turn left stepping left beside right, point right toe to right side
& Step right beside left

- 3&4 Point left toe to left side, on ball of right turn $\frac{1}{4}$ left stepping left beside right, point right toe to right side
- &5 Step right beside left, dig left heel forward
- &6 Step left to place, dig right heel forward
- &7 Step right to place, point left toe to left side
- &8 Step left beside right, point right toe to right side

HEEL JACKS, HEEL HOOKS AND FLICKS WITH SLAPS, SHUFFLE

- &1 Step diagonally back right, dig left heel diagonally forward
- &2 Step left to place, close right to left
- &3 Step diagonally back left, dig right heel diagonally forward
- &4 Step right to place, close left to right
- 5& Dig right heel forward, hook right heel under left knee
- 6& Dig right heel forward, flick right heel back
- 7&8 Step right foot forward, close left to right, step right foot forward

On the hooks and flicks you can slap your heel if you wish

ROCK, RECOVER, JUMPS BACK WITH TOE TAPS, HEEL, TOE

- 1-2 Rock forward left, recover weight onto right
- &3-4 Step (jump) back left, tap right toe across left foot twice
- &5-6 (Jump) back right, tap left toe across right foot twice
- &7-8 Step left to place, dig right heel forward, touch right toe back

On counts 3-8 can cross your arms at chest height if you wish

REPEAT
