

Apple Crunchin'

COPPER KNOB
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sophie Turner (UK)
音樂: I Ate Up the Apple Tree - Dr. John & Randy Newman



CROSS, POINT, PIVOT AND HOOK, SHUFFLE BACK, ¼ TURN, SWITCH STEPS, TURN AND TAP

1-2 Cross left over right, point right toe to right side
3 ¼ pivot to right on left foot, hook right foot under left knee
4&5 Right shuffle back right-left-right
6-7 ¼ turn to left stepping forward on left, scuff right through
&8 Step forward on right, tap left toe behind right heel
&1 Step back on left, dig right heel forward
&2& Making a ¼ turn to the left, step back on right, dig left heel to front, tap left toe next to right instep

SHUFFLE FORWARD, HEEL GRIND AND TURN, COASTER STEP

3&4 Left shuffle forward left-right-left
5-6 Right heel grind making ¼ turn to right, step back onto left
7&8 Coaster step back on right, close left next to right, step forward on right

SCUFF, STEP, VINE WITH ¼ TURN AND HEEL GRIND, COASTER STEP

1-2 Scuff left through, step onto left
3-4 Step to side on right, cross left behind right
5 Making ¼ turn to right step forward on right
6-7 Left heel grind making ¼ turn to left, step back onto right
8&1 Coaster step back on left, close right next to left, forward on left

SKATE FORWARD, SHUFFLE FORWARD, ROCK ROCK, TRIPLE STEP WITH 1 ¼ TURNS

2-3 Skater steps right, left
4&5 Right shuffle forward right-left-right
6-7 Rock forward on left, rock back onto right
8&1 Triple step making 1 ¼ turns to left (or you can just do ¼ turn) triple turn

WEAVE TO LEFT, COASTER STEP, TOUCH, CLOSE, STEP BACK AND KICK

2&3 Step in front on right, side on left, behind on right
4&5 Coaster step back on left, close right next to left, forward on left coaster step
6&7 Touch right toe to right side, close right next to left, step back on right
8 Kick left forward

REPEAT
