

# Aphrodisiac

拍數: 32      牆數: 4      級數: Improver  
編舞者: Michelle Denney (UK)  
音樂: My Aphrodisiac Is You - Katie Melua



## WALKING, SHUFFLE, MAMBO, UNWIND

- 1-2      Step right foot forward. Step left foot forward
- 3&4      Step right foot forward, place left foot next to right, step right foot forward
- 5&6      Step left foot forward, replace back onto right foot, step left foot back
- 7-8      Cross right foot behind left foot and unwind  $\frac{1}{2}$  turn (turning right)

## SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, CROSS

- 1-2      Step left foot to left side, replace weight back onto right foot
- 3&4      Step left foot behind right, step right foot to right side, step left foot across right foot
- 5-6      Step right foot to right side, replace weight back onto left foot
- 7&8      Step right foot behind left, step left foot to left side, step right foot across left foot

## CROSS BACK, COASTER, SHUFFLES

- 1-2      Step left foot across right foot turning  $\frac{1}{4}$  left, step right foot back
- 3&4      Step left foot back, step right foot next to left, step left foot forward
- 5&6      Step right foot forward, place left foot next to right, step right foot forward
- 7&8      Step left foot forward, place right foot next to left, step left foot forward

## ROCK STEP, $\frac{1}{2}$ TURN SHUFFLE, ROCK STEP, CROSS BEHIND, HEEL JACK

- 1-2      Step right foot forward, replace weight back onto left foot
- 3&4      Step right  $\frac{1}{4}$  turn right, step left next to right, step right forward turning  $\frac{1}{4}$  turn right
- 5-6      Step left foot forward, replace weight back onto right foot
- 7&      Step left behind right, step right to right side
- 8&      Dig left heel diagonally forward, replace weight back onto left

## REPEAT

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